

As a professional educator for over 15 years, I have been actively involved in teaching, presenting, developing faculty, mentoring, visioning, creating educational programs, and conducting educational research. I have continued to explore new ways of learning and engaging in my own education skill development by attending a variety of faculty development workshops and events each year. To demonstrate my commitment to my own scholarly teaching, learning, assessment and education research skills, I have highlighted some key workshops and events that I participated in and continue to use these developed skills in my courses. These workshops include, but are not limited to:

- The **Enhancing Learning in Medicine (ELM) session** (6 hours) where I learned how to promote an optimal learning climate and create resources that include my expectations, goals, and objectives when working with my learners in the classroom.
- **Education Technology Forum** (12 hours, attended 2017,2018,2019, 2020) where I learned how to utilize education technologies in my classroom and engage my learners with active learning strategies
- **ACGME Education Conference Workshop** (4 hours)
 - Workshop: Learning to be a better Mentor and Teacher in #MedEd
- **Faculty Development Lunch and Learns** (1 hour each) on topics such as:
 - Tips for Effective Teaching
 - Delivering Feedback to learners in a timely manner
 - Prickly Parts of Feedback
 - Diagnosing the Learner
 - Improving Learner Engagement

I have attended these workshops and have found them to be beneficial for me in my role as a medical educator because it has helped me to develop skills to improve my teaching skills and apply education models in my classroom, such as the Kern's and Wiggins models. I also have regularly attended Education Grand Rounds presentations and workshops and department faculty development retreats that are specific to improving my education research methodologies and skills. These cumulatively make up an additional 20 hours of education skill development over the course of my career at Mayo Clinic. I consider myself to be a life-long learner and thus why I believe I meet both criteria 1 and 2 for Fellow membership within the Academy of Educational Excellence.