Mayo Clinic CARES

Career Advancement, Research & Education Summer
ARIZONA PROGRAM 2022

Mayo Clinic College of Medicine and Science
Office for Education Diversity, Equity and Inclusion
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Foreword

It’s exhilarating to see Mayo Clinic and the community joining hands to bring forward our best generations. A critical pathway to build the groundwork for further advancement of medical sciences. Mayo Clinic CARES is a mutually enriching experience for us all, and, more importantly, it is a wonderful way to build strong and enduring relationships with our learners and the community.

Cuong C. Nguyen, MD, AGAF, FACG, FASGE
Medical Director, Mayo Clinic CARES
Medical Director, Supply Chain Management
Associate Dean, Global Professional Education
Associate Professor of Medicine, College of Medicine

We are thrilled to be able to provide health care career exploration opportunities to high school students in the Valley. Providing access to health careers to all learners is something that the Office for Education Diversity, Equity, and Inclusion has sought to accomplish for a long time. This program is fantastic.

Barbara L. Jordan, MA
Administrator, Office for Education Diversity, Equity and Inclusion
Mayo Clinic College of Medicine and Science

Mayo Clinic CARES Leadership Team

Medical Director: Cuong C. Nguyen, MD, AGAF, FACG, FASGE

OEDEI Leadership: Shannon Laughlin-Tommaso, MD
Barbara Jordan, MA

Mayo Clinic CARES Course Directors

Maria Molina, MS Vicki Hochstetler, MEd Chara Pruszynski, MPH
Mayo Clinic CARES Steering Committee

This program would not be possible without the hard work and dedication of the following steering committee members:

Cuong C. Nguyen, MD, AGAF, FACG, FASGE Medical Director of Mayo Clinic CARES, Consultant, Gastroenterology and Hepatology, and Associate Professor of Medicine

Barbara Jordan, Administrator, Mayo Clinic College of Medicine and Science

Nicole Billingsley, MBA, Operations Manager, Mayo Clinic Alix School of Medicine

Anikar Chhabra, MD, Orthopedic Consultant, Department of Orthopedic Surgery, Associate Professor of Orthopedic Surgery

Blake Davisson, Operations Manager, Experiential Learning - Arizona

Mary Sue Dumas, MSN, RN, AMB-BC, Nursing Lead Arizona, Mayo Model of Community Care, Mayo Clinic Arizona, Instructor in Nursing

Marcia Edwards, RACR, Diversity Recruitment Specialist

Brynn Goldberg, MSN, RN, Manager, Department of Orthopedic Surgery, and Instructor in Orthopedics

Diana Guebara, Supervisor, Office of Access Management: Executive, Development, International, and Medallion

Vicki Hochstetler, MEd, Operations Manager, Mayo Clinic School of Health Sciences

Janina Hogans, MHA, Clinical Operations Program Manager, Special Collaborations and Contracts

Yoshi Ikeda, Education Administration Coordinator

Keith Jones, Program Manager, Office of Joy and Well-being

Katherine C. Kough, MA, Program Director, Mayo Clinic Center for Humanities in Medicine

Shannon K. Laughlin-Tommaso, MD, Consultant, Chair, Division of Gynecology, Associate Professor of Obstetrics-Gynecology, Mayo Clinic College of Medicine, Associate Dean of Office for Education Diversity, Equity, and Inclusion

Yerronda Lewis, Supervisor, Administrative Support Professionals, Instructor in Health Care Administration, College of Medicine

Maria Molina, MS, Program Director-Diversity, Equity and Inclusion, Office for Education Diversity, Equity, and Inclusion
Farhia Omar, MPH, Program Manager, Center for Health Equity and Community Engaged Research, Instructor in Healthcare Administration

Chara Pruszynski, MPH, Operations Manager, Office for Education Diversity, Equity, and Inclusion, and Assistant Professor of Health Care Administration

A. Patricia Rodríguez, MS, Admissions Coordinator, Mayo Clinic Alix School of Medicine

Nicole Schuren, MSW, LMSW, Pediatric/Adolescent Social Worker, Program Manager

Sharon Torres, Program Director-Diversity, Equity and Inclusion, Office for Education Diversity, Equity, and Inclusion

Kairin Whiteside, CAVS, Director of Volunteer Services and Gift Shops

Operations and funding provided by the Mayo Clinic College of Medicine and Science.

Generously funded in part by APS Foundation benefactor funding.
About Mayo Clinic CARES

Mission

To introduce, prepare, and inspire high school students of various backgrounds and potentials for a career in the health care industry in a summer program with continuing, longitudinal mentorship.

Goals

- Enable high school students to gain exposure to career opportunities across the health care industry (with special emphasis on diversity, health equity, underresourced, and special populations)
- Strengthen students’ academic potential
- Motivate and prepare high school students for the college application process and to become the leaders of the future workforce

Website
https://college.mayo.edu/academics/diversity-and-inclusion/programs/mayo-clinic-cares/

Social Media
https://linktr.ee/Mayo_OEDEI

Mayo Clinic
Mayo.edu/MayoClinic  YouTube/MayoClinic  LinkedIn/MayoClinic
Facebook/MayoClinic  Instagram/MayoClinic
AT-A-GLANCE:
Program Dates and Locations

Mayo Clinic Phoenix Campus - 5770 E. Mayo Blvd, Phoenix

Mayo Clinic Scottsdale Campus - 13400 E. Shea Blvd, Scottsdale

ASU Health Futures Center - 6161 E. Mayo Blvd, Phoenix

*Student drop-off will be at Building 1 Lobby area for both hospital campuses. See campus maps at end of this packet for your reference.

**For students who are driving in, park in the Visitor Parking areas near Building 1 on both hospital campuses (see campus maps at end of this packet for your reference).

Mayo Clinic CARES leadership will meet students at the lobby and escort them to the appropriate rooms each day.

Program begins at 10:00am and ends at 3:00pm.
**We ask that you arrive 5 minutes early each day.

WEEK 1
- June 7 – Mayo Clinic Phoenix Campus
- June 8 – ASU Health Futures Center
- June 9 – Mayo Clinic Phoenix Campus

WEEK 2
- June 14 – Mayo Clinic Phoenix Campus
- June 15 – Mayo Clinic Phoenix Campus
- June 16 – Mayo Clinic Scottsdale Campus

WEEK 3
- June 21 – Mayo Clinic Phoenix Campus
- June 23 – Mayo Clinic Phoenix Campus
- June 23 – Mayo Clinic Scottsdale Campus

WEEK 4
- June 28 – Mayo Clinic Scottsdale Campus
- June 29 – Mayo Clinic Phoenix Campus
- June 30 – Mayo Clinic Phoenix Campus
COVID-19 Social Distancing & Precautions

- Please note that masks are required at all times during this program, except for eating and drinking beverages.
- Individual boxed lunches will be provided to minimize contact.
- If you have symptoms of sickness of any kind, please call or text Maria and Chara and do not attend program that day(s).

Mayo Clinic Masking Guidelines
(Source: Mayo Clinic publication)
Social Media Guidelines

- It is critical to protect patient and visitor confidentiality.
- Do not take any selfies or pictures while in the hospital rooms or hallways. We will have designated times you can take pictures.
- When sharing information on social media, please keep our values in mind (i.e. respect, integrity, excellence, etc).

Other Considerations/Ground Rules (including phones, etc)

- Turn your phones on vibrate or silent when participating in the program.
- Arrive on time; arriving early is preferred. We will be sure to end on time.
- Please dress professionally each day.
With special thanks and in collaboration with The Links, Incorporated – Phoenix Chapter

Programs

The Links, Incorporated has a long tradition of promoting and engaging in educational, civic, and inter-cultural activities that enrich the lives of members of the Black community at large. The cornerstone of our service is our five programming facets — Services to Youth, The Arts, National Trends and Services, International Trends and Services, and Health and Human Services. Through our facets, we implement programs and initiatives that address the most critical needs of underserved communities. Annually, we impact the lives of more than 3 million people at home and abroad.

Health and Human Services

The Links, Incorporated established the Health and Human Services facet in response to the chronic health disparities that persist in black communities and result in the decreased life expectancy of African Americans and other people of African ancestry. The goal of HHS is to promote and facilitate programs that support the maintenance of good health and the elimination of chronic health disparities in communities of color through education, health advocacy, and optimal utilization of health resources. Community education about health risks is crucial, and The Links, Incorporated plays a significant role in providing it. For questions, please contact Dr. Victoria Jones at victoriajones7@sbcglobal.net and visit: https://www.phoenixlinksinc.org/
Ayan Abdi
Hi, my name is Ayan Abdi. I go to Sonoran Science Academy–Phoenix. I am in the 11th grade and I am currently 16 years old. My hobbies are traveling and sleeping. I am not much of a sports person, but I play with friends here and there. A fun fact about me is that I am the only person in my family to start college early and become a first-generation university student.

Alyssa Anderson
My name is Alyssa Anderson. I am currently a Junior in the Bioscience CREST program at Paradise Valley High School. Last summer, I participated in the TGen Bioscience Leadership Academy and was given the opportunity to learn more about the Biomedical industry. I am a huge basketball fan and enjoy spending my free time playing sports. Currently, I am a Dietary Aide at Sagewood’s Assisted Living. This summer I will be working towards my Nursing Assistant Certification because I aspire to become a Nurse Practitioner and/or a Physicians Assistant in Emergency Medicine or Labor and Delivery.

Julie-Anne Bulmini
Hello, my name is Julie-Anne Bulmini, Julie for short. Currently I am attending Valley Lutheran High School and I am graduating in 2023. For the professional/career interest that I have, right now I am undecided on what path to continue. This is one of the main reasons I am attending this program to get exposed to careers/paths that I am not aware of or that I do not have complete understanding/information in them. For hobbies/ extracurricular activities, I love playing the bass, guitar, listening to music, and playing video games with my friends.
Jaynicka Chajewski
My name is Jaynicka Chajewski and I am a junior at Perry High School. The professional career I am looking towards is Registered Nurse, and later on in the future, a pediatrician. Some hobbies of mine are reading, journaling, painting, and drawing. Another thing that I love to do is just hanging out with little kids. They are just the cutest to watch interact with one another. A fun fact about me is that I enjoy singing as well as baking.

Sara Dawood
Hi! My name is Sara Dawood and I am a junior at Valley Vista High School. My career interests are definitely in the medical field. I really want to be a surgeon when I'm older, but more specifically a plastic surgeon or a general surgeon. I'm into the plastic surgery life because I like seeing the transformations that happen and seeing how one surgery can make someone happier. I consider myself to be a social and friendly person. I also have an interest in traveling and seeing the world.

Kianna Foreman
My name is Kianna Foreman, I moved here in February of last year and made Arizona home. I attend Peoria Accelerated High School and I am currently finishing junior year. The more I can occupy myself and stay busy the better. Whether it is a trauma surgeon in an ER or a Neurosurgeon, I want it all. The idea of being busy seems like a paradise. I love skateboarding and horror movies. I adore rescue dogs, good food, and having deep conversations.

Angelina Gleba
My name is Angelina, but I like to be called Angel. I am finishing up freshman year of high school and I go to Peoria High School. I want to be an orthopedic doctor. I like to sing, play bass guitar and dance. I also like to paint.
Nouredeen Hadjali
My name is Nouredeen (Nour for short). I'm in the 10th grade and go to Paragon Science Academy. I've always loved anything that deals with the medical field or really just helping out. The hobbies I love are drawing and writing. A fun fact about me is my love for nature and the outdoors.

Abby Hensiek
My name is Abby Hensiek, I am 15 years old, and am in 9th grade. I go to Paradise Valley Christian Preparatory and am an excellent student. I am interested in becoming a doctor, specifically a neuro-oncologist. For extracurricular activities I take piano and voice lessons, and actively serve at my church. My favorite things to do are bake and read, and I enjoy hiking, spending time with my family and friends, and playing with my dogs!

Rose Kosa
Hi, my name is Rose Kosa! I'm 16 years old and I will be a Junior at Pinnacle High School next school year. I'm so excited to start this program because it’s an amazing opportunity, but also because of the people I will meet, and the memories to be made. I hope to work in medical research. My hobbies include volleyball, beauty, fashion, gaming, and listening to music.

Lani MacMillan
Hi, I am Lani MacMillan. I am a junior at Cactus Shadows High School. I love nature and anything to do with the outdoors. I also love sports and I play 3 varsity sports: soccer, track, and cross country. I am in multiple clubs at my school including key club, amnesty international, and I am on my school's captain's council. I am interested in medicine and hope to one day be a physical medicine and rehabilitation doctor.
Vincent Maldonado
Hi! I am Vincent Maldonado, I am 16 years old and my passion is to become a Neonatal/Fetal Surgeon. My sport of choice is baseball and I play for my high school and a local club. The reason my interest in medicine is important to me is because I have always loved children and have been able to connect with them really well. To be able to save them would be a dream!

Hannah Nweke
Hello, my name is Hannah Nweke. I am a sophomore in high school and I attend Barry Goldwater High School. One fun fact about me is that I am Nigerian and I was born here in Arizona. My future career plans are to become a pediatrician. I’ve always wanted to take up a career in medicine and I love working with children as well. I have been playing volleyball since I was in fifth grade and I am still playing currently in high school.

Philip Pullins
Hello, my name is Philip Pullins and I am currently in the 10th grade. I attend Paradise Honors High School. Some of my professional and career interests are becoming a Pediatric Oncologist. My favorite hobbies and interests are listening to music and playing basketball. Some fun facts about me are that I used to play the trumpet and I am striving to learn to play the piano.

Jacob Ruiz
I’m Jacob Ruiz and I am a current sophomore at Millennium High School. I am interested in becoming a physical therapist, nurse or other healthcare professional. Mostly physical therapy, I find the rehab process after an injury quite interesting. My hobbies include Folkstyle and Freestyle wrestling, reading, cooking and lifting weights. What I love about wrestling is competing against other teams and the competitive nature of the sport, there’s really nothing like it! Lifting weights and reading are two great outlets for my energy while at home. A fun fact about me is that I love spicy foods like chiles!
Aurora Sanchez
Hello! My name is Aurora Sanchez. I go to Xavier College Preparatory and will be entering 12th grade this upcoming school year. I am interested in the medical field, specifically becoming a doctor. I enjoy spending time with friends and family along with my dog named Toby. I love to volunteer and help the community around me in any way that I can. A fun fact about me is that I love to sing and have been in choir since 5th grade. I always love meeting new people and making others smile.

Gia Saggar
My name is Gia Saggar and I will be a senior at Paradise Valley High School, CREST. I am interested in pursuing a career in medicine as I wish to help others obtain better health and well-being. I am a competitive ballroom dancer and have learned a lot about teamwork, perseverance, and have gained confidence. Additionally, I am a mental health advocate and enjoy sharing mindfulness with kids. I am also currently the president of a nonprofit organization that provides educational and mental health support to kids in local Title 1 schools.

Mi’Amor Stewart
My name is Mi’Amor Stewart. I’m in 10th grade and I attend North Canyon High School. My professional and career interests consist of the study of neuroscience and medicine. For my hobbies I enjoy going to the gym with my mom, studying at my local library, visiting my grandparents, and playing the violin in and out of school. A fun fact about me is that I’m going to travel through Europe later in the summer.
Morgan Tefft
Hi, I’m Morgan Tefft. I am in my junior year at Chaparral High School. In the future, I either want to work in the medical field or the legal field. I also love to perform on stage in plays and in musicals.

Taneyah Young
Hello, my name is Taneyah Young. I am in 10th grade getting ready to go to 11th. I attend Campo Verde High School in Gilbert. My future career goal is to become a Pharmaceutical Scientist and create a cure for cancer and discover cures for small diseases plaguing the nation. Some of my extracurriculars include working out, watching sports and reading.
# Mayo Clinic CARES Curriculum

Tuesday, June 7  
**Program subject to change**

## OPENING DAY!
Phoenix Campus  
5770 E. Mayo Blvd. Phoenix  
Room: PX SS 01 831 (36 V/C)

<table>
<thead>
<tr>
<th>Welcome &amp; Leadership Team</th>
<th>Mayo Clinic History &amp; Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>10:45am</td>
</tr>
<tr>
<td>Cuong C. Nguyen, MD, AGAF, FACG, FASGE</td>
<td>Chara Pruszynski, MPH</td>
</tr>
<tr>
<td>Medical Director, Mayo Clinic CARES</td>
<td>Professionalism &amp; Life skill Learning</td>
</tr>
<tr>
<td>Medical Director, Global Professional Development</td>
<td>Overview</td>
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<tr>
<td>Medical Director, Supply Chain Management</td>
<td>11:00am</td>
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<tr>
<td>Chara Pruszynski, MPH</td>
<td>Maria Molina, MS</td>
</tr>
<tr>
<td>Operations Manager, Office for Education Diversity, Equity, and Inclusion, Mayo Clinic College of Medicine and Science (MCCMS)</td>
<td>Keith Jones</td>
</tr>
<tr>
<td>Maria Molina, MS</td>
<td>Program Manager</td>
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<tr>
<td>Program Director-Diversity, Equity &amp; Inclusion, Office for Education Diversity, Equity, and Inclusion, MCCMS</td>
<td>Office of Joy and Well-Being</td>
</tr>
<tr>
<td>Vicki Hochstetler, MEd</td>
<td>Janina Hogans, MHA, Clinical Operations Program Manager, Specialty Collaborations and Contracts</td>
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<tr>
<td>Operations Manager</td>
<td>Mary Sue Dumas, MSN, RN, AMB-BC, Nursing Lead Arizona, Mayo Model of Community Care, Mayo Clinic Arizona, Instructor in Nursing</td>
</tr>
<tr>
<td>Mayo Clinic School of Health Sciences, MCCMS</td>
<td>Lunch &amp; Photo ID Pictures</td>
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<td></td>
<td>11:30am</td>
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<table>
<thead>
<tr>
<th>Mental Health Awareness</th>
<th>Real Colors</th>
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</thead>
<tbody>
<tr>
<td>10:30am</td>
<td>12:30pm</td>
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<tr>
<td>Nicole R. Schuren, MSW, LMSW</td>
<td>Joslyn Vaught</td>
</tr>
<tr>
<td>Program Manager, Medical Social Worker Pediatric-Adolescent Instructor in Social Work</td>
<td>Assistant Professor, Medical Education Senior Advisor, Organization and Leadership Development Executive Coach</td>
</tr>
<tr>
<td>Mayo Clinic College of Medicine and Science</td>
<td>Journaling &amp; Debrief of Day</td>
</tr>
<tr>
<td>Jenni Rogers, MS, CCLS, CTR</td>
<td>2:45-3:00pm</td>
</tr>
<tr>
<td>Child Life Specialist</td>
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</tbody>
</table>
Welcome & Opening Mayo Clinic CARES Leadership Remarks
10:00am
Cuong C. Nguyen, MD, AGAF, FACG, FASGE

John D. Poe
Chair, Education Administration
Assistant Professor of Health Care Administration
Mayo Clinic College of Medicine and Science

Office for Education Diversity, Equity, and Inclusion (OEDEI)
10:20am
Shannon Laughlin-Tommaso, MD
Associate Dean of Diversity, Equity, and Inclusion
Division Chair, Gynecology
Mayo Clinic College of Medicine and Science

Pathway Programs & I AM Poem
10:30 am
Barbara L. Jordan, MA
Administrator, OEDEI
Mayo Clinic College of Medicine and Science

Special Remarks
10:40am
Grace Knuttininen, MD, PhD
Assistant Director of Diversity, Equity, and Inclusion, Mayo Clinic School of Health Sciences
Consultant and Associate Professor in the Division of Vascular and Interventional Radiology
Program Director of the Mayo Clinic Medical Sciences Shadowing Program

The Links, Inc – Phoenix Chapter
11:00am
Dr. Victoria Jones
President, Northpointe Group Enterprises, LLC
American Association for Physician Leadership Member
American College of Healthcare Executives Member
Adjunct Faculty, University of Arizona Certified Executive Coach, John Maxwell Group

Lunch with Undergraduate Plummer Scholars (UPS) Students
11:15am
Inspiration & Resiliency Panel
12:00 – 1:00 pm
Facilitator: Chara Pruszynski, MPH

Panelists:
Alyssa Chapital, MD, PhD
Hospital Medical Director
Associate Professor of Surgery,
Department of Critical Care Medicine

Devyani Lal, MD, FARS
Professor & Consultant, Otolaryngology-
Head & Neck Surgery
Chair, Division of Rhinology
Dean Education, Mayo Clinic in Arizona

Michele Y. Halyard, MD
Dean of the Mayo Clinic Alix School of
Medicine Arizona campus
Radiation Oncologist
Professor of Radiation Oncology, College
of Medicine
Founder, Coalition of Blacks Against
Breast Cancer

Alyx B. Porter, MD
Neurologist
Co-Chair, Diversity Equity and Inclusion
Committee
Associate Professor of Neurology, College
of Medicine
Founder, ElevateMeD

Keith Jones
Program Manager
Office of Joy & Well-being

Hospital Career Exploration
1:15pm

Marcia Edwards, RACR., M.HR
Diversity Recruitment Specialist
Project SEARCH Business Liaison

Wellness break
1:45pm

Medical Libraries
2:00pm
Lisa A. Marks, MLS, AHIP
Director, Library Services
Diana Almader-Douglas, MA, MLS, AHIP,
Librarian

Journaling & Debrief of Day
2:45-3:00pm
Mayo Clinic CARES Curriculum  
Thursday, June 9  
**Program subject to change**

### LIFE SKILLS & WELLNESS
Phoenix Campus  
5770 E. Mayo Blvd. Phoenix  
Room: PX SS 01 103 & 104

**Welcome & Teambuilding**  
10:00am

**Debrief: Kick-off & Real Colors**  
10:15am  
Maria Molina, MS  
Chara Pruszynski, MPH

**Wellness break**  
11:00am

**Life skill learning: Presentation Skills**  
11:15am  
Keith Jones  
Janina Hogans, MHA

**Lunch**  
12:00-1:00pm

**Wellness Panel**  
1:00pm  
**Facilitator:** Keith Jones

**Panelists:**  
Brian Chong, MD  
Consultant, Radiology and Neurological Surgery

Brian W. Hardaway, M. D.  
Consultant  
Assistant Professor  
Advanced Heart Failure and Cardiac Transplantation

**Wellness Break**  
1:45pm

**Life skill learning: Resume Writing**  
2:00pm  
Jason Jaimes  
Senior Recruiter, Human Resources-Talen Acquisition

**Journaling & Debrief of Day**  
2:45-3:00pm
Mayo Clinic CARES Curriculum
Tuesday, June 14
**Program subject to change**

ROAD TO PHYSICIAN CAREERS
Phoenix Campus

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>Welcome &amp; Teambuilding</td>
<td>Maria Molina, MS, Chara Pruszynski, MPH</td>
</tr>
<tr>
<td>10:15am</td>
<td>Journey to Becoming a Doctor: Transplant Cardiologist</td>
<td>Brian W. Hardaway, M. D.</td>
</tr>
<tr>
<td>11:00am</td>
<td>Wellness Break</td>
<td></td>
</tr>
<tr>
<td>11:15am</td>
<td>Journey to Becoming a Doctor: Hospitalist</td>
<td>Brittane Valles, MD, Consultant, Hospital Internal Medicine, Associate Program Director of the Transitional Year Residency</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Lunch with Medical Students</td>
<td></td>
</tr>
<tr>
<td>12:00pm</td>
<td>Journey to Becoming a Doctor: Cardiothoracic Surgery</td>
<td>Jonathan D'Cunha, MD, PhD, Chair, Cardiothoracic Surgery, Professor of Surgery</td>
</tr>
<tr>
<td>1:00pm</td>
<td>Wellness Break</td>
<td></td>
</tr>
<tr>
<td>1:00pm</td>
<td>Life Skill Learning: Interviewing Skills Part 1</td>
<td>Asher E. Kaye, MBA, MHSA, Administrative Fellowship Program</td>
</tr>
<tr>
<td>2:00pm</td>
<td>Journaling &amp; Debrief of Day</td>
<td></td>
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</tbody>
</table>
**Mayo Clinic CARES Curriculum**  
**Wednesday, June 15**

**ROAD TO ALLIED HEALTH CAREERS**  
Phoenix Campus  
5770 E. Mayo Blvd. Phoenix  
Room: Waugh A

**Welcome & Teambuilding**  
10:00am  
Maria Molina, MS  
Chara Pruszynski, MPH

**Medical Lab Sciences**  
10:15am  
Michelle Nelsen, MS, HTL(ASCP)CM  
Program Director  
MCSHS Histology Technician Program

**Wellness Break**  
11:00am

**Rehabilitation Therapy Careers**  
11:15am  
Kathy Brewer, PT, DPT, GCS, Med, CEEAA  
Physical Therapy Specialist – Clinical Educator, Physical Medicine and Rehabilitation

**Lunch**  
12:00pm

**Nursing Resident Panel: Zoom Session**  
12:30pm  
**Facilitators:**  
Leslie Barnum, MSN, RN, CNE  
Mary Sue Dumas, MSN, RN, AMB-BC

**Panelists:**  
Alex Kling, BSN, RN  
Nina Hutchens, RN  
Olivia Thompson, BSN, RN

**Physician Assistant Career Panel**  
1:00pm  
**Facilitator**  
Richard E Hayden, M.D., C.M., FACS, FRCS(C)  
Associate Dean Mayo Clinic School of Health Sciences  
Consultant, Otolaryngology

**Panelists:**  
Adrijana Anderson, P.A.-C  
Critical Care

**Wellness Break**  
1:45pm

**Life skill learning: Interview Skills, Part 2**  
2:00pm  
Asher Kaye  
Janina Hogans  
Mary Sue Dumas  
Keith Jones

**Journaling & Debrief of Day**  
2:45-3:00pm
Mayo Clinic CARES Curriculum
Thursday, June 16
**Program subject to change**

**COMMUNITY ENGAGEMENT & COMMUNITY MEDICINE**
Scottsdale Campus

13400 E. Shea Blvd, Scottsdale
Room: SC MC CC 34A&B

Welcome & Teambuilding
10:00am
Maria Molina, MS
Chara Pruszynski, MPH

Community Engagement Panel
10:15am

**Facilitator:**
Kristina Butler, MD, MS
Consultant, Gynecology Surgery
Community Engagement Chair

**Panelists:**
Marion Kelly
Community and Business Relations Director
Co-Founder – Coalition of Blacks Against Breast Cancer
Co-Founder, Diversity Leadership Alliance

Jim Andrade
Human Resources Service Representative

Gloria Slattery, BSN, RN, BMT-CN, BMT/CAR-T Coordinator

Wellness Break
11:00am

Community Medicine
11:15am
Juliana (Jewel) M. Kling, MD, MPH
Chair, Women’s Health Center
Professor of Medicine

Lunch
12:00pm

Phoenix Links – Special Topic/Health Equity
12:45pm
Ann-Marie Lee, Senior Director, Global Healthcare Business Strategy at Microsoft

Wellness Break
1:45pm

College Preparation - Part 1 2:00pm
Angela (Patricia) Rodriguez
Education Administration Coordinator
Mayo Clinic Alix School of Medicine

Journaling & Debrief of Day
2:45-3:00pm
Mayo Clinic CARES Curriculum

Tuesday, June 21

**Program subject to change**

ROAD TO ALLIED HEALTH CAREERS
Phoenix Campus

5770 E. Mayo Blvd. Phoenix
Room: Waugh A

Welcome & Teambuilding
10:00am
Maria Molina, MS
Chara Pruszynski, MPH

Radiology Careers
10:15am
Jeremy Engler, R.T. (R)(CT), Computed Tomography Technologist
Matthew King, C.N.M.T., R.T. (N), Team Lead, Nuclear Medicine Technologist
Kerry Knodel, R.T. (R)(CT), Computed Tomography Technologist
Chris Tollefson, M.S., C.N.M.T., Manager, Radiology
Martin Vito, R.T.(R)(VI), Interventional Radiology Technologist

Wellness Break
11:00am

Central Sterile Processing
11:15am
Leslie D. Nichols, CRCST
Manager, CSPD Technical/Equipment
James C. Mayfield, CRCST
Coordinator, CSPD Education
Yahyaa Fredericks, CRCST
Coordinator, CSPD Quality Management

Lunch
12:00pm

Health Services Engineering
12:30pm
David Upjohn, MS
Operations Administrator, Center for Regenerative Medicine

Pharmacy 101
1:00pm
Lisa K. Buss Pieszler, PharmD, RPh
Supervisor, Pharmacy Education
Kathryn (Kate) A. Norville, PharmD, RPh
MSCHS Pharmacy Resident
Tiffany McMurtry, PharmD, RPh
MSCHS Pharmacy Resident

Wellness Break
1:45pm

The Role of Medical Social Worker and Child Life Specialist
2:00pm
Nicole R. Schuren, MSW, LMSW
Program Manager, Medical Social Worker
Jennifer (Jenni) A. Rogers, CCLS
Child Life Specialist

Journaling & Debrief of Day
2:45-3:00pm
Mayo Clinic CARES Curriculum
Wednesday, June 22
**Program subject to change**

<table>
<thead>
<tr>
<th>ROAD TO RESEARCH CAREERS</th>
<th>5770 E. Mayo Blvd. Phoenix</th>
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<tbody>
<tr>
<td>Phoenix Campus</td>
<td>Room: Waugh A</td>
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**Welcome & Teambuilding**
10:00am
Maria Molina, MS
Chara Pruszynski, MPH

**Mayo Research Shield/ Biomedical Research Careers**
10:15am
Mark Zobitz
Research Administrator

**Wellness Break**
11:00am

**Career of a PhD/Researcher**
11:15am
Pamela R. Jackson, PhD
Research Associate, Engineering

**Lunch**
12:00pm

**Center for Individualized Medicine/Genomics**
12:30pm
Giovanna Moreno-Garzon, MS
Operations Manager
Center for Individualized Medicine

Jan B. Egan, Ph.D.
Research Scientist
Center for Individualized Medicine

Kara L. Mangold, M.S., R.N.
Sr. Education Specialist
Center for Individualized Medicine

Christopher B. Grilli, Pharm.D., BCACP, R.Ph.
Clinical Specialist Pharmacist – Pharmacogenomics
Department of Pharmacy

Margaret (Maggie) A. Klint, M.S., CGC
Genetic Counselor
Department of Clinical Genomics

Idali Cuellar-Research Community Engagement Coordinator
Center for Health Equity and Community Engaged Research

Madison N. Clark
Research Technologist
Center for Individualized Medicine-Biorepository Program

Larissa F. Haugan
Research Technologist
Center for Individualized Medicine-Biorepository Program

**Wellness Break**
1:45pm

**Life Skill Learning: Dress for Success**
2:00pm
Heidi T. Hamor
Director of Operations
Dress for Success Phoenix

**Journaling & Debrief of Day**
2:45-3:00pm
Mayo Clinic CARES Curriculum
Thursday, June 23
**Program subject to change**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>10:00am</td>
<td>Welcome &amp; Teambuilding</td>
<td>Mayo Clinic CARES Curriculum</td>
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<tr>
<td></td>
<td>Maria Molina, MS</td>
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<td></td>
<td>Chara Pruszynski, MPH</td>
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<tr>
<td>10:15am</td>
<td>Health Equity, Public Health and Community Engaged Research Panel</td>
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<td>Facilitator: Idali Cuellar</td>
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<td></td>
<td>Community Engagement Coordinator</td>
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<td>Center for Health Equity and Community Engaged Research</td>
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<td></td>
<td>Panelists: Farhia Omar, MPH</td>
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<tr>
<td></td>
<td>Program Manager, Center for Health Equity and Community Engaged Research</td>
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<td></td>
<td>Jessica D. Austin, PhD, MPH</td>
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<tr>
<td></td>
<td>Senior Associate Consultant and Assistant</td>
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<td></td>
<td>Professor of Epidemiology</td>
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<td>Mayo Clinic Arizona</td>
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<td></td>
<td>Department of Quantitative Health Sciences and Cancer Population Sciences</td>
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<td>Donald W. Northfelt, MD</td>
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<td></td>
<td>Consultant, Medical Oncology</td>
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<td>Medical Director, Arizona Center for Health Equity and Community Engaged Research</td>
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<tr>
<td>11:00am</td>
<td>Wellness Break</td>
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<td>11:15am</td>
<td>Community Medicine/Physical Therapy</td>
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<td>Muna S. Ali, PhD, PT, DPT</td>
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<td></td>
<td>Supervisor, Physical Medicine and Rehabilitation Therapy</td>
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<td>12:00pm</td>
<td>Lunch</td>
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<td>12:45pm</td>
<td>College Preparation - Part 2</td>
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<td>Angela (Patricia) Rodriguez</td>
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<td></td>
<td>Education Administration Coordinator</td>
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<td>Mayo Clinic Alix School of Medicine</td>
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<tr>
<td>1:30pm</td>
<td>Humanities in Medicine</td>
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<td></td>
<td>Katherine C. Kough, M.A., Program Director</td>
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<td>Mayo Clinic Center for Humanities in Medicine</td>
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<td>2:00pm</td>
<td>Spoken Word Presentation &amp; Poetry Activity</td>
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<td>Tomas Stanton</td>
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<td>Engagement Manager at Mesa Arts Center</td>
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<tr>
<td></td>
<td>Spoken Word Artist, Educator, Activist, and Co-Founder of Phonetic Spit</td>
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<td>2:45-3:00pm</td>
<td>Journaling &amp; Debrief of Day</td>
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Mayo Clinic CARES Curriculum
Tuesday, June 28
**Program subject to change**

**ROAD TO SURGICAL CAREERS**
Scottsdale Campus

13400 E. Shea Blvd, Scottsdale
Room: CRB C-400, CRB C-3019

**Journey to Becoming an Orthopedic Surgeon**

**Welcome & Teambuilding**
10:00am
Brynn Goldberg MSN, RN Department of Orthopedic Surgery Operations and Nursing Manager

**Journey to Becoming an Orthopedic Oncology Surgeon**
10:15am
Krista Goulding MD, MPH Assistant Professor or Orthopedics, College of Medicine

**Wellness Break**
11:00am

**Adult Reconstruction Orthopedic Surgery**
11:10am
Joshua Bingham, MD
Assistant Professor or Orthopedics, College of Medicine and Science

**Lunch and Q&A with Orthopedic Resident**
12:00pm

**Interactive Presentation:**
A&P of the Knee and Orthopedic Demonstration
1:00pm

**Journaling & Debrief of Day**
2:45-3:00pm
Mayo Clinic CARES Curriculum
Wednesday, June 29
**Program subject to change**

ROAD TO NURSING CAREERS
Phoenix Campus

5770 E. Mayo Blvd, Phoenix
Room: PX CB CC 07 (36 V/C)

Journey to Becoming a Nurse and Nurse Leader

11:00am
Move to:
NURSE SIM LAB (SSB) PX_SS_01_723

Welcome & Teambuilding
10:00am
Maria Molina, MS
Chara Pruszynski, MPH

Nursing Opportunities: Professional Roles and Pathways
10:15am
Mary Sue Dumas, MSN, RN, AMB-BC
Nursing Lead – Mayo Model of Community Care
Instructor in Nursing, College of Medicine
ASU Adjunct Faculty

Katherine A. Markiewicz, MSN, RN, CHSE
Assistant Professor in Nursing, College of Medicine
ASU Adjunct Faculty

Leslie Barnum MSN, RN, CNE
Evidence Based Practice Program Coordinator
Instructor in Nursing, College of Medicine
ASU Adjunct Faculty

Wellness Break

Introduction to Inpatient Nursing Activity
11:15am

Lunch
12:00pm
Move to:
NURSE SIM LAB (SSB) PX_SS_01_723
12:45pm

Patient Care Skills Practice
1:00pm

Journaling & Debrief of Day
2:45-3:00pm
Mayo Clinic CARES Curriculum
Thursday, June 30
**Program subject to change**

**Mayo Clinic CARES Curriculum**

**GRADUATION DAY!**
Phoenix Campus

5770 E. Mayo Blvd, Phoenix
Room: Waugh A

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**Welcome & Opening Mayo Clinic CARES Leadership Remarks**
10:00am
Anikar Chhabra, MD, MS
Consultant, Department of Orthopedic Surgery Associate Professor of Medicine,
Mayo Clinic College of Medicine
Team Orthopedic Consultant, Arizona State University

**Mayo Clinic CARES Leadership Remarks**
10:10am
Cuong C. Nguyen, MD, AGAF, FACG, FASGE

**Mayo Clinic CARES Leadership Remarks**
10:20am
Diane Jelinek, PhD
Dean for Research, Mayo Clinic in Arizona
Professor of Immunology
Consultant, Department of Immunology
and Division of Hematology
Gene and Mary Lou Kurtz Professor of Multiple Myeloma Research

**OEDEI Leadership Remarks**
10:25am
Barbara Jordan, MA

**CREST Program Leadership Remarks**
10:35am
Beth Glady
CREST Internship Coordinator

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Paradise Valley High School

**Mayo Clinic CARES Steering Committee Members**
10:45 am
Vicki Hochstetler, MEd
Mary Sue Dumas, MSN, RN, Brynn Goldberg MSN, RN AMB-BC

**Student Presentations (Part 1)**
11:00 am

**Lunch**
12:00pm

**Mayo Clinic Arizona Leadership Remarks**
1:00pm
Richard J. Gray, M.D., Vice President,
Mayo Clinic and Chief Executive Officer,
Mayo Clinic in Arizona

**Student Presentations (Part 2)**
1:15pm

**Graduation Ceremony & Presentation of Certificates**
2:15pm

**Closing Remarks, End of Day, and Group Photos**
2:30-3:00pm
Phoenix Campus Map

PHOENIX CAMPUS – PHX
Phoenix, Arizona