



# 2024 Mayo Clinic CARES Program



**Mayo Clinic Career Advancement, Research and Education Summer (CARES)**

**Office for Education Diversity, Equity and Inclusion  
Mayo Clinic College of Medicine and Science**



# THE NEEDS OF THE PATIENT COME FIRST

## RESPECT

Treat everyone in our diverse community including patients, their families, and colleagues with dignity.

We value authenticity, kindness, openness, positivity and professionalism in our workplace, and we respect and welcome individual differences.

## INTEGRITY

Adhere to the highest standards of professionalism, ethics and personal responsibility, worthy of the trust our patients place in us.

We are committed to honesty, fairness and transparency, and we create a safe and trusting work environment in which we keep our commitments to others.

## COMPASSION

Provide the best care, treating patients and family members with sensitivity and empathy.

We care about, support and help each other, and through our work we strive to improve the lives of others.

## HEALING

Inspire hope and nurture the wellbeing of the whole person, respecting physical, emotional and spiritual needs.

We support and encourage work-life balance for our staff, and value the role we all play in inspiring patients to choose Mayo Clinic as a place of hope and healing.

## TEAMWORK

Value the contributions of all, blending the skills of individual staff members in unsurpassed collaboration.

We promote and expect teamwork. We foster collaboration among individuals, teams, divisions, geographies, departments and shields to leverage unique insights and expertise, assuming best intent from our colleagues, understanding our sum is stronger than our individual parts.

## INNOVATION

Infuse and energize the organization, enhancing the lives of those we serve, through the creative ideas and unique talents of each employee.

We are a team of creative thinkers who explore new ideas and seize new opportunities. We constantly explore how to improve and believe that trying new things is a part of our mission.

## EXCELLENCE

Deliver the best outcomes and highest quality service through the dedicated effort of every team member.

We are leaders and experts in our field, doing our best work every day as we provide strategic counsel to advance the mission and business objectives of Mayo Clinic. We create and promote an environment of learning and professional development that helps our people deliver their best work.

## STEWARDSHIP

Sustain and re-invest in our mission and extended communities by wisely managing our human, natural and material resources.

We support and protect Mayo Clinic's brand and reputation, use our resources wisely to drive business outcomes, and support our staff in giving back to their communities.

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## Mayo Clinic CARES Leadership Team

*It's exhilarating to see Mayo Clinic and the community joining hands to bring forward our best generations. A critical pathway to build the groundwork for further advancement of medical sciences. Mayo Clinic CARES is a mutually enriching experience for us all, and, more importantly, it is a wonderful way to build strong and enduring relationships with our learners and the community.*

**Cuong C. Nguyen, MD, AGAF, FACG, FASGE**  
Medical Director, Mayo Clinic CARES  
Medical Director, Supply Chain Management  
Consultant, Gastroenterology and Hepatology  
Associate Dean, Global Professional Education  
Associate Professor of Medicine, College of Medicine



**Shannon K. Laughlin-Tommaso, MD, MPH**  
Professor and Consultant, Obstetrics & Gynecology  
Associate Dean for Education Diversity,  
Equity, and Inclusion,  
Mayo Clinic College of Medicine and Science



**Barbara L. Jordan, MA**  
Administrator, Office for Education Diversity, Equity  
and Inclusion, Mayo Clinic College of Medicine and  
Science; Administrator, Office of Equity, Inclusion and  
Diversity



**Maria L. Molina, MS**  
Program Director, Office for Education  
Diversity, Equity, and Inclusion,  
Mayo Clinic College of Medicine and Science



**Chara A. Pruszynski, MPH**  
Operations Manager, Office for Education  
Diversity, Equity, and Inclusion, Mayo Clinic  
College of Medicine and Science, Assistant  
Professor of Health Care Administration

## Mayo Clinic CARES Steering Committee

*This program would not be possible without the hard work and dedication of our steering committee:*

Cuong C. Nguyen, MD, AGAF, FACG, FASGE, Medical Director, Mayo Clinic CARES, Consultant, Gastroenterology and Hepatology, Associate Professor of Medicine

Barbara L. Jordan, MA, Administrator, Office for Education Diversity, Equity and Inclusion, Mayo Clinic College of Medicine and Science (MCCMS), Administrator, Office for Equity, Inclusion and Diversity, Mayo Clinic

Nicole Billingsley, MBA, Operations Manager, Mayo Clinic Alix School of Medicine

Carlos Bravo, MEd, Admissions Recruiter, Office of Strategic Student Recruitment and Outreach, MCCMS

Anikar Chhabra, MD, Chair, Division of Sports Medicine, Associate Chair of Clinical Practice, Department of Orthopedic Surgery, Consultant and Professor of Orthopedic Surgery

Mary Sue Dumas, MSN, RN, AMB-BC, Nursing Lead, Mayo Model of Community Care, Instructor in Nursing – College of Medicine and Science

Brynn Goldberg, MSN, RN, Manager, Department of Orthopedic Surgery, and Instructor in Orthopedics

Vicki Hochstetler, MEd, Operations Manager, Mayo Clinic School of Health Sciences

Janina Hogans, MHA, Clinical Operations Program Manager, Special Collaborations and Contracts

Yoshika (Yoshi) Ikeda, Education Administration Coordinator, Office for Education Diversity, Equity and Inclusion

Keith Jones, MA, Program Manager, Office of Joy and Well-being

Asher Kaye, MHA, MBA, Operations Manager, Experiential Learning, Arizona

Kit Kough, MA, Program Director, Mayo Clinic Center for the Humanities in Medicine

Shannon K. Laughlin-Tommaso, MD, MPH, Professor and Consultant, Obstetrics & Gynecology, Associate Dean for Education Diversity, Equity, and Inclusion, MCCMS

Yerronda Lewis, MBA, Program Director-Diversity, Equity and Inclusion, Office for Education Diversity, Equity and Inclusion, MCCMS, Assistant Professor in Health Care Administration

Ron Mack, Diversity Recruitment Specialist, Workforce Development

Maria L. Molina, MS, Program Director, Office for Education Diversity, Equity and Inclusion, MCCMS

Farhia Omar, MPH, Program Manager, Center for Health Equity and Community Engaged Research, Instructor in Healthcare Administration

Chara A. Pruszynski, MPH, Operations Manager, Office for Education Diversity, Equity, and Inclusion, MCCMS, Assistant Professor of Health Care Administration

A. Patricia Rodriguez, MS, CME Specialist, Mayo Clinic School of Continuing Professional Development

Nicole Schuren, MSW, LMSW, Program Manager, Medical Social Worker

Sharon Torres, Program Director-Diversity, Equity and Inclusion, Office for Education Diversity, Equity, and Inclusion

Kairin Whiteside, CAVS, Director of Volunteer Services and Gift Shops

## About Mayo Clinic CARES



### Mission

The Mayo Clinic CARES (Career Advancement, Research and Education Summer) Program began in 2019 and since then has grown and expanded with great success. Its mission is to introduce, prepare, and inspire high school students of various backgrounds and potentials for a career in the health care industry with continuing, longitudinal mentorship.

### Goals

- Enable high school students to gain exposure to the broad range of career opportunities across the health care industry.
- Strengthen students' academic potential through interactive learning, the discovery of personal strengths, teamwork, networking, and public speaking.
- Motivate and prepare high school students for the college application process and to become the leaders of the future health care workforce.

### Social Media Guidelines

- Program website: <https://college.mayo.edu/academics/diversity-and-inclusion/programs/mayo-clinic-cares/>
- Social Media Links: [Mayo OEDEI | Instagram, Facebook | Linktree](#)
- It is critical to protect patient and visitor confidentiality.
- Do not take any selfies or pictures while in the hospital rooms or hallways. We will have designated times you can take pictures.
- When sharing information on social media, please keep our values in mind (i.e. respect, integrity, excellence, etc).

## Program Dates and Locations

Mayo Clinic Phoenix Campus - 5770 E. Mayo Blvd, Phoenix

Mayo Clinic Scottsdale Campus - 13400 E. Shea Blvd, Scottsdale

ASU Health Futures Center - 6161 E. Mayo Blvd, Phoenix

### WEEK 1

June 4 – Mayo Clinic Phoenix Campus

June 5 – Mayo Clinic Phoenix Campus

June 6 – Mayo Clinic Phoenix Campus

### WEEK 2

June 11 – Mayo Clinic Phoenix Campus

June 12 – Mayo Clinic Phoenix Campus

June 13 – Mayo Clinic Scottsdale Campus

### WEEK 3

June 18 – Mayo Clinic Phoenix Campus

June 19 – Mayo Clinic Phoenix Campus

June 20 – Mayo Clinic Scottsdale Campus

### WEEK 4

June 25 – Mayo Clinic Phoenix Campus

June 26 – Mayo Clinic Phoenix Campus

June 27 – ASU Health Futures Center

### Student Drop-Off & Pick-up

- **We ask that you arrive to the hospital lobby no later than 9:50am each day.** Mayo Clinic CARES leadership members will meet students at the lobby and escort them to the appropriate rooms each day, and this may require walking from one building to another.
- **The program begins at 10:00am and ends at 3:00pm.** Leadership members will escort students back to the hospital lobby each day.
- Student drop-off is at Building 1 Lobby area for both hospital campuses.  
**(See campus maps at end of this packet for your reference.)**
- For students who are driving in, park in the Visitor Parking areas near Building 1 on both hospital campuses. (See campus maps at end of this packet for your reference.)

### Program Rules

- Arrive on time; arriving early is preferred. We will be sure to end on time.
- Please dress professionally each day. Wear comfortable dress shoes for walking.
- Turn your phones on vibrate or silent when participating in the program.

## Program Partners

*With special thanks and in collaboration with:*

### The Links, Incorporated–Phoenix Chapter



The Links, Incorporated has a long tradition of promoting and engaging in educational, civic, and inter-cultural activities that enrich the lives of members of the Black community at large. The cornerstone of their service is their five programming facets — Services to Youth, The Arts, National Trends and Services, International Trends and Services, and Health and Human Services. Through their facets, they implement programs and initiatives that address the most critical needs of underserved communities. Annually, they impact the lives of more than 3 million people at home and abroad.

The Links, Incorporated established the Health and Human Services facet in response to the chronic health disparities that persist in black communities and result in the decreased life expectancy of African Americans and other people of African ancestry. The goal of HHS is to promote and facilitate programs that support the maintenance of good health and the elimination of chronic health disparities in communities of color through education, health advocacy, and optimal utilization of health resources. Community education about health risks is crucial, and The Links, Incorporated plays a significant role in providing it. For questions, please contact Dr. Victoria Jones at [victoriajones7@sbcglobal.net](mailto:victoriajones7@sbcglobal.net) or visit: <https://www.phoenixlinksinc.org/>

### CREST-Center for Research, Engineering, Science and Technology



A recognized leader in STEM education, CREST is a four-year Career and Technical Education (CTE) STEM program offered at Paradise Valley High School. CREST provides students with the opportunity to study a disciplines. Authentic learning experiences led by innovative and engaging instructors enhance the curriculum. Emphasizing rigor, relevance, and relationships in Science, Technology, Engineering, and Math, CREST students graduate prepared and fully qualified to pursue STEM-oriented degrees at the postsecondary level.

For more information, visit [CREST - Paradise Valley High School \(pvschools.net\)](http://pvschools.net).

## Mayo Clinic CARES Class of 2024



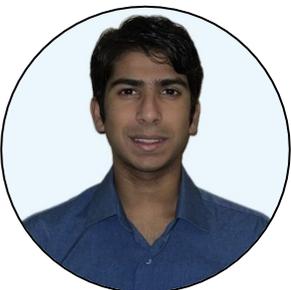
### **Ahnaiya Anderson**

Hello, my name is Ahnaiya Anderson and I am a junior at Arcadia High School. I am a student-athlete, the vice president of the Native American club, and a HOSA club member. Throughout the years I have learned how to make connections with many people and plan to continue doing so in the future. After graduation, I plan on attending college to pursue a career in the medical field. Some of my current interests include sports medicine, genetics, and pediatrics. I have been playing basketball (club and high school) for the past 6 years and love representing my Indigenous background (Navajo).



### **Briseida Castro**

I consider myself a resilient, outgoing, and collaborative individual. I am currently a student in the Nursing Assistant CTE Program at Metro Tech High School. I have a strong passion for learning all about healthcare related things as I am in my pursuit of becoming a Registered Nurse. Aside from my academics, I have enjoyed my time spent as my high school's soccer team captain, as well as my role as the Vice President of our HOSA Club. Although I call America my home, it has not always been. I was raised from birth till the age of 10, in Chihuahua, Mexico. I still visit my beloved town frequently, which helps keep me closely rooted in my culture.



### **Krish Desai**

My name is Krish Desai, and I am a rising senior in the CREST Bioscience program at Paradise Valley High School. I am passionate about the health field and serve as the President on the executive board of my school's chapter of HOSA, an organization for future health professionals, where I lead 133 members. I am also a program director of HeartBEATS, an organization that uses music for healing and helps expand the culture of arts education for all. I love music of all kinds. I have been playing the Tabla (Indian hand drums) since I was 8 years old. Fun fact: I also love to DJ!



### **LaToya Gear**

My career aspiration, heart's desire, and passion for children, is to work within the health industry as a Neonatal Intensive Care Unit (NICU) nurse.

Academically, I am researching colleges that meets my academic needs and one I could afford and obtain scholarship assistance. I am the current President of the Phoenix Chapter of the Top Teens of America (TTA), an officer in the Black Student Union (BSU), symphonic band member playing flute, and recently selected as a 2024-2025 member of the Desert Ridge High School Student Council. My community service and extracurricular activities include: Adopt-A-Street, Project C.U.R.E., Feed my Starving Children, volunteering at animal rescues, and spending time with senior citizens, babysitting, cooking, reading, painting, modern dance, track and field, a Gymnast for six years, and a Girl Scout for three years. My fun fact is that I was adopted into my forever home/forever family from Arizona Foster Care system.



### **Geraldine Hernandez**

My name is Geraldine Hernandez, I am 16 and I attend Maryvale High School. I hope to graduate and attend a good university out of state. I am interested in pursuing a career in medicine and possibly becoming an anatomy pathologist. I am the secretary of a school club called Gifted Club. We raise money for our microschoool and I keep track of any new ideas, events, etc. I am also part of a volunteering group for my community and we host events to bring the Maryvale community together. A fun fact about me is I like to paint landscapes.



### **Zipporah Kabelá**

Hello, my name is Zipporah Kabelá and I am an upcoming sophomore at AAEC-PV as well as doing dual enrollment at Paradise Valley Community College right next to AAEC-PV. I am thinking about attending an in-State university or any out-of-state university with a scholarship. After university I plan on going into medical school and I am mainly set on being a neurologist. If that does not work out, I would be an anesthesiologist. I have a deep interest in the complexities and strangeness of the human brain as a whole, with my favorite books revolving around mental health like my favorite author Osamu Dazai. What I enjoy doing in the meantime is practicing French, volunteering for Companion Pets in Crisis as the Fundraising Coordinator and volunteering at my local cat shelter to help socialize them around people.



### **Nathaniel Malcolm**

My name is Nathaniel Malcolm. I am in the International Baccalaureate Honors program at Desert Mountain and will be in the 11th grade for the 2024-2025 academic year. With a strong interest in science and having completed a year of sports medicine coursework, my long-term educational goal includes attending medical school. My career goal is to become a physician and provide high-quality patient care. I am an active member of the Physics Club and National Honor Society as well as a high school varsity swimmer. Outside of school, I am a competitive swimmer for the Scottsdale Aquatic Club and have traveled to several different states for competition. I enjoy spending time with my family, high school friends, and swim team.



### **Fabian Melton**

I've never wanted anything more than to be successful and build a proper place for a family. Signing up for Sports Medicine in my freshman year at Maryvale High School exposed me to medical topics I never realized I was so interested in. I now dream of becoming a medical professional. I am quiet and reserved, but determined and perseverant to accomplish my goals despite the mental and academic setbacks. I have volunteered with District 5 Volunteering and am participating in the Gifted Program and hoping to join Acadec for my junior year. I want nothing more than to know my work was worth it and explore my passion as a future medical professional.



### **Elizabeth Ochoa**

My name is Elizabeth Ochoa, and I'm a Hispanic student. I go to South Mountain High School where I participate in student government as a junior representative. I also participate in our Dungeons and Dragons Club as a dungeon master, and our Be A Leader club, of which I am president. My future career goals are to become a radiologist or to become a nurse. I'm currently enrolled in my school's Public and Social Service Academy, where the pathway I am following is the CTE pharmacy class. I love to spend the weekends with my mom painting ceramics or painting with watercolor paint. I like to pot plants and garden, and I love to go to Home Depot to find new plants, flowers, or succulents and buy them to plant or repot.



### **Yeraldin Perez**

I am Yeraldin Perez, I attend Maryvale High School, and I am a sophomore. I have dreams to go to university for nursing, more specifically GCU, to become an ER nurse. I'm currently president of the GTA club, law club, and active in community services. And a fun fact about me is that I love the TV show "True Crime."



### **Henry Perez Ramirez**

Hello, my name is Henry and I am very fascinated by the medical field, particularly cardiology, I like learning about heart conditions and how to help people with them. Some extracurricular activities I'm a part of are Interact Club and FCA. A fun fact about me is that I play guitar and I'm currently learning a song by one of my favorite artists. Some of my interests include off-roading, basketball, music, art, and traveling. I'm very excited to come here this summer. I hope to get a good idea of what it would look like working in the medical field.



### **Marially Perez Ramirez**

Hello, my name is Marially, I was born and raised in Arizona, but I would like to live somewhere tropical and beachy someday. I'm the oldest of three siblings, and a fun fact about me is that I love adrenaline. I'd like to participate in activities that give me that this summer. My career interest is physician assistant in dermatology. Some of the extracurricular activities I am in include Interact/Key Club, FCA, and I'm the junior historian at my school for HOSA. Some of my interests include traveling, photography, volleyball, off-roading, cosmetology, medicine, music, and cooking.



**Layla Porter**

Hi! My name is Layla Porter and I am currently a junior at Arizona College Prep. I am super interested in medicine and am following a path to hopefully be something pediatrics or neonatal. I love working with people of all ages, but especially kids. In my free time I also do cheer and spend time with my huge family. Also, my fun fact is I've seen Taylor Swift live on the first night of her tour.



**Amous Price**

My name is Amous Price. I would like to attend college on the East Coast since I was born and raised in Arizona and ready for a change. I have played varsity basketball since freshman year. This season I am looking forward to returning to my role as team captain. My favorite subject is math. Fun fact is that my mom named me after the Famous Amos cookies as a joke and would always say spelling it wrong meant I was one letter away from being famous.



**Aanya Ram**

My name is Aanya. Participating in the Mayo CARES program will allow me to explore my interest in healthcare and solidify my goal of becoming a dermatologist. Outside of my studies, I'm actively involved in several clubs including HOSA, She's the First, National Honor Society, and the Musical Honors Society. These extracurriculars help me engage with my peers and develop leadership and teamwork skills. I've been playing music for over six years and have participated in events like regionals and All-State. I also contribute my musical abilities to the Phoenix Youth Symphony Orchestra at the Ballet of Arizona, where I continue to grow as an artist.



**Kaden Richardson**

Yá'át'ééh! My name is Kaden Richardson. I will be a senior at the beginning of fall 2024 at Valley Vista High School in Surprise, Arizona. My future career goal is to become a medical doctor and serve my Navajo Nation community and its members. I am an active member of my school's National Honor Society chapter and a third-year scholar at Phillips Academy MS2 Summer Program in Andover, Massachusetts. Outside of academics, I play varsity volleyball for my school and club. A fun fact is that I have been dancing my Polynesian culture for the past 6 years, which helps me stay physically and culturally active.



**Elizabeth Siemiawski**

I am currently a sophomore, soon to be junior. My favorite class is currently chemistry. I am interested in joining the medical field, although I have not chosen a specific route yet. However, I have found myself to be interested in being an immunologist or anesthesiologist. I have done a few sports, most recently, running and swimming. A fun fact about me is that I enjoy reading a lot of classic books.



**Yael Solis**

Hello, my name is Yael and I am currently 15 years old attending Maryvale High School. Although I have not completely decided on what medical career I will choose, I am certain that I will either be a nurse, doctor, or a surgeon. Currently, I am not taking any extracurricular activities in high school but plan to take some next year. And finally, one fun fact about me is that I love old Disney animation movies and I love seeing movies all together!



**Madison Yiu**

Hi, I'm Madison and I want to pursue being a Nurse Practitioner. I am currently attending Pinnacle High School where I participate in musical theatre and DECA. I love volunteering at the HALO Animal Shelter when I can, as I have a deep love for animals. In my free time I like to draw and capture the beauty of nature through photography. One fun fact about me is that I lived and attended school in China for three years.

**Tuesday, June 4**  
**Program Kick-off**

**Phoenix Campus: Waugh Auditorium, Side A & B**

**10:00 am: Welcome & Opening Leadership Remarks**

Cuong C. Nguyen, MD, AGAF, FACG, FASGE  
Medical Director, Mayo Clinic CARES  
Consultant, Gastroenterology and Hepatology  
Associate Professor of Medicine, College of Medicine

Richard Gray, MD  
Chief Executive Officer, Mayo Clinic in Arizona  
Vice President, Mayo Clinic

Roshanak (Roshy) Didehban  
Chief Administrative Officer, Mayo Clinic in Arizona

Devyani Lal, MD  
Division Chair, Rhinology  
Professor of Otolaryngology  
Medical Chair, Education

Jon T. Nordrum, PT, DPT, DSc  
Division Chair, Education  
Assistant Professor of Health Care Administration, Instructor of Physical Therapy

Augustine S. Chavez, MD, FAAFP  
Associate Dean of Diversity, Equity, and Inclusion,  
Mayo Clinic Alix School of Medicine, Arizona  
Vice Chair and Assistant Professor, Department of Family Medicine, Mayo Clinic, Arizona

Shannon K. Laughlin-Tommaso, MD, MPH  
Professor and Consultant, Obstetrics & Gynecology  
Associate Dean for Education Diversity, Equity, and Inclusion  
Mayo Clinic College of Medicine and Science (MCCMS)

Barbara L. Jordan, MA  
Administrator, Office for Education Diversity, Equity, and Inclusion, MCCMS  
Administrator, Office for Equity, Inclusion and Diversity, Mayo Clinic

**10:45 am: I Am Poem Brainstorm**

Katherine C. Kough, MA  
Program Director, Mayo Clinic Center for Humanities in Medicine

**11:00 am: Mayo Clinic History**

Chara Pruszyński, MPH  
Operations Manager, Office for Education Diversity, Equity, and Inclusion, MCCMS

## **Mayo Clinic CARES Program Overview**

Maria Molina, MS

Program Director, Office for Education Diversity, Equity, and Inclusion, MCCMS

### **11:30 am: Lunch with Undergraduate Plummer Scholars**

#### **12:00 pm: Inspiration & Resiliency Panel**

Facilitator: Chara Pruszynski, MPH

Alyssa Chapital, MD, PhD

Associate Professor of Surgery, Mayo Clinic College of Medicine and Science

Clinical Practice Chair, Mayo Clinic, Arizona

Consultant, Department of Critical Care Medicine

Alyx B. Porter Umphrey, MD, FAAN

Associate Professor of Neurology

Outpatient Practice Chair, Mayo Clinic, Arizona

CNS Disease Group Co-Chair, Mayo Clinic Comprehensive Cancer Center Medical

Director, Undergraduate Plummer Scholars Program Founder, ElevateMeD

Cuong C. Nguyen, MD, AGAF, FACG, FASGE

Medical Director, Mayo Clinic CARES

#### **1:30 pm: Hospital Careers Overview**

Ron L. Mack

Diversity Recruitment Specialist, Workforce Development

#### **2:00 pm: Class of 2019 Mentor & Mentee Spotlight**

Cuong C. Nguyen, MD, AGAF, FACG, FASGE

Medical Director, Mayo Clinic CARES

Mary Sue Dumas, MSN, RN, AMB-BC

Nursing Lead – Mayo Model of Community Care

Instructor in Nursing – College of Medicine and Science

Brynn Goldberg, MSN, RN

Department of Orthopedic Surgery Operations and Nursing Manager

Ashton Foster, Mayo Clinic CARES, Class of 2019

Texas Christian University, BSN, Magna cum laude, Class of 2024

Sigma Theta Tau International Honor Society of Nursing, member

Shreya Chandak, Mayo Clinic CARES, Class of 2019

University of Arizona, BS, Neuroscience and Cognitive Science, Class of 2024

**2:45 pm:** Journaling & Debrief

**3:00 pm:** End of day

**Wednesday, June 5**

**Humanities in Medicine & Personal Development**

**Phoenix Campus: MH\_03\_716 & 717 Combo**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

Pre-program evaluation survey

**10:15 am: Humanities in Medicine**

Katherine C. Kough, MA

Program Director, Mayo Clinic Center for Humanities in Medicine

**11:30 am: Photo ID Pictures**

**12:00 pm: Lunch**

**12:45 pm: Real Colors**

Sarah Shtylla, MS, SHRM-CP

Senior HR Analyst, Program in Professionalism and Values

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of day**

**Thursday, June 6**  
**Life Skills & Artificial Intelligence**

**Phoenix Campus: MH\_03\_716 & 717 Combo**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Princeton Review-Tutor.com Orientation**

Anna Richmond

Customer Success Specialist

K12 Educational Partnerships

The Princeton Review, tutor.com

**11:00 am: Wellness Session**

Keith Jones, MA

Program Manager, Office of Joy & Well-being

**12:00 pm: Lunch**

**1:00 pm: The Impact of AI on Healthcare**

Ann-Marie Lee, PhD ABD; MPM, PMP, CSM, CMP

Senior Director, Global Healthcare Solutions

Microsoft Industry and Partner Solutions

The Links, Inc. - Phoenix Chapter

**1:45 pm: Wellness break**

**2:00 pm: Life skill learning: Resume Writing Workshop**

Jason Jaimes

HR Advisor, Human Resources, Arizona

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of day**

**Tuesday, June 11**

**Physician Careers**

**Phoenix Campus: MH\_03\_716 & 717 Combo**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Journey to Becoming a Doctor**

Safia Ahmed, MD

Consultant, Radiation Oncology

Assistant Professor of Radiation Oncology

Director, Pediatric Radiation Oncology

**11:00 am:** Wellness break

**11:15 am: Journey to Becoming a Doctor**

Jonathan D'Cunha, MD, PhD

Consultant, Thoracic Surgery

Professor of Surgery

Chair, Cardiothoracic Surgery

**12:00 pm:** Lunch

**1:00 pm: Journey to Becoming a Doctor**

Brian W. Hardaway, MD

Consultant, Cardiovascular Medicine

Assistant Professor of Medicine

Division Chair, Heart Failure and Transplant

**1:45 pm:** Wellness break

**2:00 pm: College Preparation – Part 1**

A. Patricia Rodriguez

CME Specialist

Mayo Clinic School of Continuing Professional Development

Jay Nix

Medical Student, Year 3

Mayo Clinic Alix School of Medicine, Arizona

**2:45 pm:** Journaling & Debrief

**3:00 pm:** End of day

**Wednesday, June 12**

**Allied Health Careers**

**Phoenix Campus: Waugh Auditorium, Side B**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Medical Assistant**

Shanna Perkins

Patient Support Specialist

Instructor in Healthcare Administration

**11:00 am: Wellness break**

**11:15 am: Medical Physics and Tour**

Justin Gagneur, MA, Physicist II

Radiation Oncology

Assistant Professor of Radiation Oncology

**12:00 pm: Lunch**

**1:00 pm: Nurse Practitioner & Physician Assistant (NPPA) Panel**

Sharon Nyquist, APRN, MSN, ACNP-BC

Adrijana Anderson, P.A.-C.

Yeimi Rivera, DNP, FNP, RN

Abigail Taylor, PA-C

Elizabeth Macdonough, PA-C, MS

Karlyn Suggs, PA-C

**1:45 pm: Wellness break**

**2:00 pm: The Role of the Medical Social Worker and Child Life Specialist**

Nicole R. Schuren, MSW, LMSW

Program Manager, Medical Social Worker

Pediatric-Adolescent Medicine, PATH Program

Instructor in Social Work, Mayo Clinic College of Medicine and Science

Jennifer (Jenni) A. Rogers, CCLS

Child Life Specialist

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of day**

**Thursday, June 13**  
**Experiential Learning**

**Scottsdale Campus: Central for Procedural Innovation**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Introduction to CPI**

Nicole A. Callisen, MS  
Program Manager  
Experiential Learning, Center for Procedural Innovation

**10:30 am: Skill Station #1**

**11:00 am: Skill Station #2**

**11:30 am: Skill Station #3**

**12:00 pm: Skill Station #4**

**12:30 pm: Lunch**

**1:00 pm: Stop the Bleed**

Nicole A. Callisen, MS  
Program Manager

Shiloh Danley, APRN, CNP, DNP, MSN  
Nurse Practitioner

**2:00 pm: Life skill learning: Interviewing Skills**

Asher E. Kaye, MHA, MBA  
Operations Manager, Experiential Learning, Arizona

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of day**

**Tuesday, June 18**  
**Allied Health Careers**

**Phoenix Campus: MH\_03\_716 & 717 Combo**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Imaging Careers**

Melessia Wheat, R.T.(R)

Tech Educator, General Radiology

Instructor in Radiology

**11:00 am: Wellness break**

**11:15 am: Sterile Processing**

Leslie D. Nichols, CRCST

Manager, CSPD Technical/Equipment

James C. Mayfield, CRCST

Coordinator, CSPD Education

**12:00 pm: Lunch and Meet & Greet with Dr. Knuttinen**

Martha-Gracia Knuttinen, MD, PhD, FSIR

Professor of Radiology, Division of Vascular and Interventional Radiology

Associate Dean of Admissions, Diversity Equity & Inclusion, Mayo Clinic School of Health Sciences

**1:00 pm: Medical Lab Sciences**

Jessica (Jessie) N. Frank, MLS (ASCP)

Lab Education Specialist II

Instructor in Laboratory Medicine and Pathology

**1:45 pm: Wellness break**

**2:00 pm: College Preparation – Part 2**

A. Patricia Rodriguez

CME Specialist

Mayo Clinic School of Continuing Professional Development

Jay Nix

Medical Student, Year 3

Mayo Clinic Alix School of Medicine, Arizona

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of Day**

**Wednesday, June 19**

**Nursing Careers**

**Phoenix Campus: SSB\_01\_723**

**10:00 am: Welcome and Intros**

Leslie Barnum MSN, RN, CNE  
Nursing Education Specialist  
EBP Coordinator

Mary Sue Dumas MSN, RN, AMB-BC  
Nursing Lead - Mayo Model Community of Care

Allyson Mattison BSN, RN, CCRN  
DEU Coordinator - Intensive Care Unit

Susan Newton Ed.D., MSN, RN  
Nursing Education Specialist

**10:15 am: Nursing Opportunities: Professional Roles and Pathways**

**10:30 am: Activity: A Day in the Life of a Nurse**

**11:00 am: Patient Care Skills Practice**

**11:45 am:** Lunch Break

**12:45 pm: Patient Care Skills Practice**

**2:00 pm: Life skill learning: Presentation Skills**

Marion Kelly  
Director, Community Relations  
Mayo Clinic, Arizona

**2:45 pm:** Journaling & Debrief

**3:00 pm:** End of Day

**Thursday, June 20**  
**Orthopedic Surgery Careers**

**Scottsdale Campus: Center for Procedural Innovation**

**10:00 am: Welcome & Intros**

Brynn Goldberg, MSN, RN

Department of Orthopedic Surgery Operations and Nursing Manager

**10:10 am: Icebreaker-Interactive Casting**

**11:00 am: Wellness break**

**11:15 am: Orthopedic Oncology Surgeon**

Krista Goulding MD, MPH

Assistant Professor of Orthopedics, College of Medicine

**12:00 pm: Lunch and Learn: Orthopedic Implant Vendor**

**1:00 pm: Adult Reconstruction Orthopedic Surgery**

Joshua Bingham, MD

Assistant Professor of Orthopedics, College of Medicine and Science

**1:45 pm: Interactive Presentation A&P of the knee and orthopedic demonstration**

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of day**

**Tuesday, June 25**

**Research Careers**

**Phoenix Campus: MH\_03\_716 & 717 Combo**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Genetics 101 & DNA Activity**

Kara L. Mangold, M.S., R.N.

Sr. Education Specialist

Center for Individualized Medicine

Giovanna Moreno-Garzon, MS

Operations Manager

Center for Individualized Medicine

**Research Team Panel Discussion**

**BAP Introduction – Tour of the Biorepository**

**12:15 pm:** Lunch

**12:45 pm: Overview of Research Careers**

Mark E. Zobitz, MS

Operations Administrator, Research, Arizona

Assistant Professor, Biomedical Engineering

**1:45 pm:** Wellness break

**2:00 pm: Life Skill Learning: Mental Health**

Traci Williams-Marks, Ph.D., NCSP

Principal Psychologist, Topaz Wellness Consultations, PLLC

Services To Youth Chair, Phoenix Chapter of The Links

**2:45 pm:** Journaling & Debrief

**3:00 pm:** End of day

**Wednesday, June 26**

**Public Health & Community Engagement**

**Phoenix Campus: Waugh Auditorium, Side A**

**10:00 am: Welcome & Teambuilding**

Maria Molina, MS & Chara Pruszynski, MPH

**10:15 am: Health Equity**

Adam J. Milam, MD, PhD

Senior Associate Consultant, Anesthesiology and Perioperative Medicine  
Medical Director, Office of Health Equity

**10:45 am: Center for Health Equity & Community Engagement Research**

Idali Cuellar

Senior Program Coordinator

Irene Artigas

Community Relations Coordinator

**11:15 am: Kindness Kits**

**12:15 pm: Lunch**

**1:00 pm: Military Medicine**

Jessie Milaski

Medical Student, Year 2

Mayo Clinic Alix School of Medicine, Arizona

Former Mayo Clinic Military Medicine Education Fellow

**1:45 pm: Wellness Break**

**2:00 pm: Next Steps, Coach & Connect**

**2:30 pm: Post-program evaluation survey**

**2:45 pm: Journaling & Debrief**

**3:00 pm: End of Day**

**Thursday, June 27**

**Graduation Day!**

**ASU Health Futures Center – 173 A&B**

**10:00 am: Welcome and Opening Program Leadership Remarks**

Cuong C. Nguyen, MD, AGAF, FACG, FASGE

Medical Director, Mayo Clinic CARES

**10:10 am: Leadership Remarks**

Roshanak (Roshy) Didehban

Chief Administrative Officer

Mayo Clinic in Arizona

**10:20 am: The Links, Inc.-Phoenix Chapter**

Britany McElroy, MHA

Director of Strategy

Mayo Clinic Enterprise Strategic Advancement

instructor in Health Care Administration

**10:25 am: CREST Program**

Brynn Goldberg, MSN, RN

Department of Orthopedic Surgery and Nursing Manager

**10:30 am: Steering Committee Members Spotlight**

Kit Kough, MA, Program Director, Mayo Clinic Center for the Humanities in Medicine

Keith Jones, MA, Program Manager, Office of Joy and Well-being

A. Patricia Rodriguez, MS, CME Specialist, Mayo Clinic School of Continuing Professional Development

**10:45 am: Student Presentations (Part 1)**

**11:40 am:** Lunch

**12:00 pm: Student Presentations (Part 2)**

**12:50 pm: Presentation of Certificates**

**1:00 pm: Closing Congratulatory Remarks**

Cuong C. Nguyen, MD, AGAF, FACG, FASGE

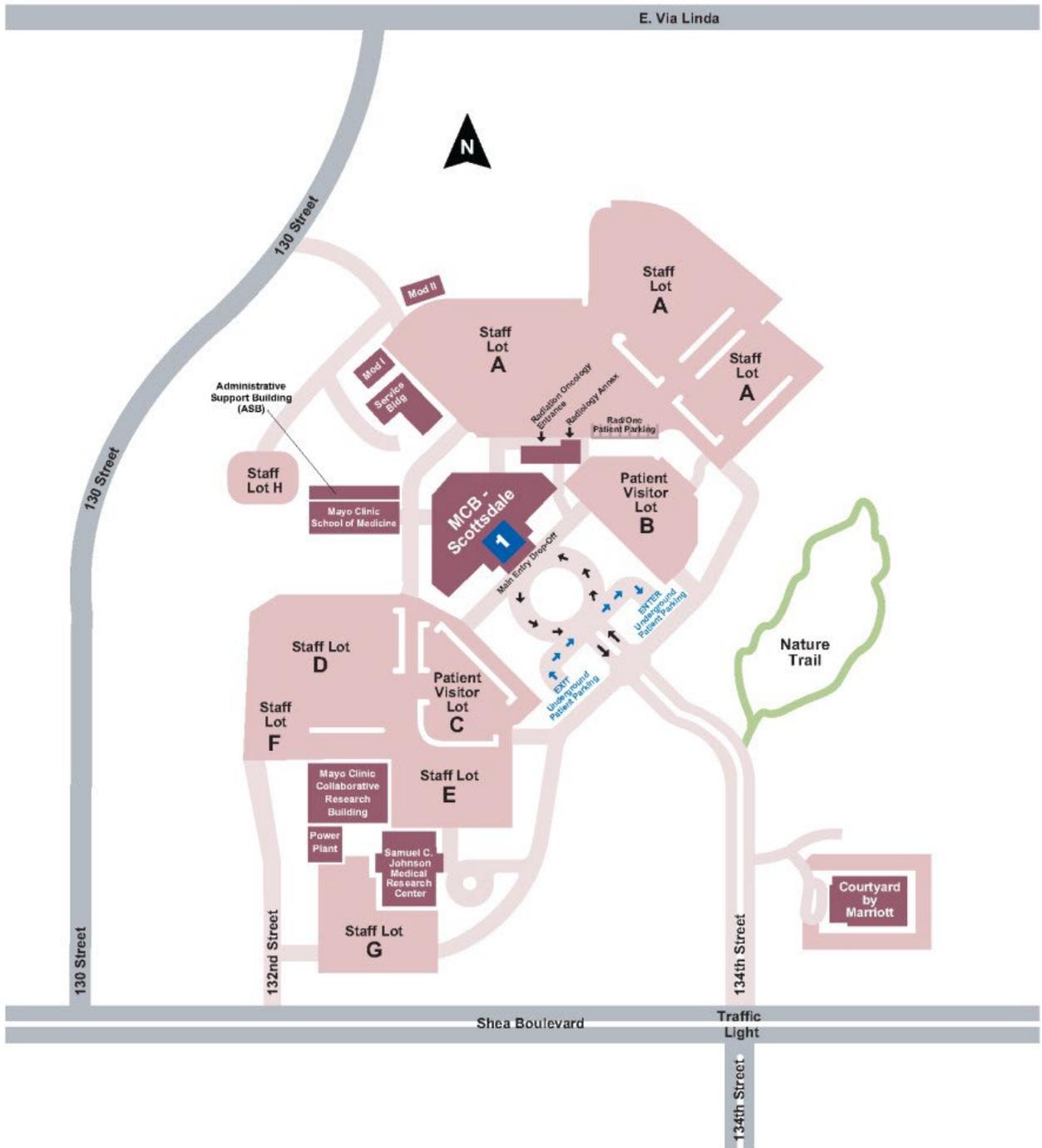
Medical Director, Mayo Clinic CARES

**1:15 pm:** End of Program & Group Photos

# Scottsdale Campus Map



Scottsdale, Arizona  
[SCT] Scottsdale Campus Map





## Phoenix Campus Map

# PHOENIX CAMPUS – PHX

Phoenix, Arizona



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## Notes