CRISP Video Submission Guidelines

As part of your CRISP application, you are required to submit a video response. **Please review the video prompt below before recording your submission.** Your video should directly address the prompt and help the review committee better understand you beyond your written application materials.

Video Prompt

Mayo Clinic's culture is guided by the RICH TIES values: **Respect, Integrity, Compassion, Healing, Teamwork, Innovation, Excellence, and Stewardship.**

Select one RICH TIES value that is most meaningful to you and share a personal experience that demonstrates how you have embodied that value. In your response, please address:

1. Which RICH TIES value you selected and why it is important to you.
2. A specific experience, challenge, accomplishment, or interaction that demonstrates this value.
3. What you learned from the experience.

Your video should help the review committee better understand your character, motivation, communication skills, and alignment with Mayo Clinic values.

Video Requirements	Recording Tips
• Review and respond to the video prompt above. • **Your video must be no longer than 2 minutes.** • Ensure your video is clear, professional, and easy to hear. • Upload your video to a platform that allows you to provide a shareable link. • Your video does not need to be professionally produced or require specialized equipment. A standard video recorded on a smartphone, tablet, or computer is perfectly acceptable.	Professional video production is not expected. To help reviewers clearly see and hear your response: • Record in a quiet location with minimal background noise or distractions. • Choose a well-lit location where you can be clearly seen. • Position your device so the camera is stable. • Speak clearly and at a comfortable pace. • Make sure your audio can be easily heard before submitting. • Focus on sharing your response naturally and authentically.

How to Submit Your Video

Include a URL or shareable link to your video in the application. Common options include YouTube, Vimeo, an Apple iCloud Share Link, Google Drive, or another accessible video-hosting or file-sharing platform.

Important: Verify Access Before Submitting

- Test the link to confirm it opens correctly and is accessible to reviewers.
- Enable sharing permissions. Do not submit a link that requires reviewers to request access.
- If the video is password protected, include the password with the link.
- Keep the video available throughout the application review period of March 1.
- It is your responsibility to test the shareable link to make sure it works.

Privacy Disclaimer: Your video submission will be used only for CRISP application review purposes and will not be shared with anyone outside of the review committee.

Please Note: It is the applicant's responsibility to ensure the video is no longer than two minutes and accessible to reviewers. Videos that do not meet these requirements may not be considered during the application review process, and CRISP staff will not troubleshoot inaccessible links after submission.