

Mayo Clinic Medical Psychology Fellowship Program Overview and Aims

The Primary purpose of the Mayo Clinic Medical Psychology Fellowship Program is to provide comprehensive two-year postdoctoral training in health services psychology, through formalized learning experiences building to advanced specialized competence in clinical health psychology, clinical neuropsychology or clinical child and pediatric psychology. The training model emphasizes the scientist-practitioner model, in which psychological assessment and treatment is informed by evidence-based best practices, and clinical practice and discovery contributes to clinical research. The fellowship program is consistent with the overall institution in its emphasis on integrated, academic group practice that values the dynamic interactions among clinical practice, education, and translational science. Postdoctoral training is accomplished through active participation in integrated multidisciplinary teams that model professional communication, specialized evaluation and treatment planning, and delivery of evidence-based psychological treatments. Fellows receive regular clinical supervision and research mentorship, and have access to clinical and scholarly resources in support of their own professional development, the care of the patients they serve, and their own research endeavors. Fellows continuously observe and participate in interdisciplinary communication and consultation and learn to provide advanced specialty consultation to inter- and intra-disciplinary colleagues, patients, and learners. Postdoctoral training includes continuing professional development courses, grand rounds, seminars, clinical experiences in assessment and intervention with a diverse range of individuals with medical and/or psychological problems, supervision in evidence-based assessment and intervention, experience and training in consultation, and research within their specialty area of training. These experiences provide a breadth and depth of training to prepare postdoctoral fellows for careers as clinician-scientists in academic health care centers. The fellowship training experiences are consistent with a fellow-centered approach, in which each fellow's learning preferences, professional development needs, and career plans inform their training plan. All fellowship activities are delivered within a learning environment promoting diversity and inclusion, and addressing individual differences. Evaluations and formal and informal feedback of fellows, the faculty, and the fellowship program are conducted regularly and inform continuous improvement efforts in the fellowship program to best prepare fellows for advanced practice in their specific specialty practice area of health services psychology.

Aims

The three major aims of this fellowship are as follows:

Aim #1: Advanced Specialty Competence in Clinical Practice. Fellows acquire advanced specialty competency in the knowledge, assessment skills, and intervention skills for delivery of (health/child/neuro) psychology clinical services in a health services setting.

Aim # 2: Specialty Competence in Research and Scholarship. Fellows develop scholarship and research skills consistent with the scientist-practitioner model of our program and the competencies associated with clinical (health/child/neuro) psychology research and scholarly activity in a health services setting.

Aim #3: Specialty Competence in Consultation and Inter-professional Skills. Fellows develop specialty competency in the professional ethics, values, communication, cultural competence, and behavior necessary for consultation with interdisciplinary colleagues, patients, and learners.