



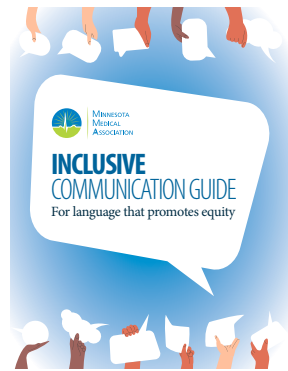
MINNESOTA  
MEDICAL  
ASSOCIATION

# Resident information and benefits

Minnesota residents and fellows are entitled to free MMA membership! (If you are not receiving our weekly e-newsletter, *News Now*, or the bi-monthly award-winning *Minnesota Medicine* Digital Edition, please contact us at [cpatterson@mnmed.org](mailto:cpatterson@mnmed.org).)

## Physician Advocacy

The MMA advocates on critical and emerging issues affecting health and healthcare in Minnesota; engages and helps build physician connections and community; empowers physician leaders; provides up-to-date news and information about medicine in Minnesota; and offers education, products, and services that position physicians for success. The MMA makes sure physicians and physicians-in-training help shape the decisions that affect your patients, your practice, and your profession.



## Health Equity

The MMA is committed to advancing health equity and confronting systemic racism. In pursuit of our mission to make Minnesota the healthiest state and best place to practice, this commitment is strategically embedded in our organization, with “improved health equity” as a key outcome in our strategic map. Here are a few of our initiatives:

- ✦ Inclusive Communication Guide
- ✦ Minnesota Health Equity Community of Practice convenings
- ✦ Implicit Bias private and group workshops
- ✦ On demand Implicit Bias & Health Equity learning series
- ✦ Conversations on Race & Equity



Join us today at [www.mnmed.org/membership/resident-and-fellow](http://www.mnmed.org/membership/resident-and-fellow)

## Engagement Opportunities

Join the Resident and Fellow Section (RFS)

The Governing Council of the RFS meets via zoom on the 3rd Tuesday of each month from 7-8pm. RFS opportunities are open to all residents and fellows. The RFS monthly newsletter is sent to all residents and fellows.



## Networking

Network with your peers at educational and social events including our Empowering Physicians Conference, Physician Forums, and Physicians' Day at the Capitol.

## Mentorship Program

Residents and fellows are welcome to join the MMA Mentorship program as a mentor or mentee.

- ✦ As a mentor, you will be paired with a pre-medical or medical student.
- ✦ As a mentee, you will be paired with a practicing or retired physician.

The MMA will make every effort to pair mentor/mentees based on preferences such as specialty or location. These opportunities do not require a large time commitment and visits can be scheduled via email, FaceTime, Teams, Zoom, or telephone.

## Free Publications

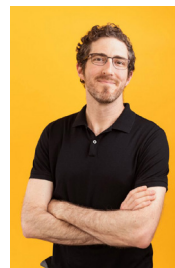
The following publications are free to all MMA members:

- ✦ Award-winning *Minnesota Medicine* magazine
- ✦ *News Now* weekly e-newsletter



## Discounted or free ongoing education opportunities

Whether you're interested in leadership training or fulfilling continuing medical education (CME) requirements, the MMA offers an ongoing selection of opportunities to help you achieve your goals.



Dr. Glaucomflecken

- ✦ DEA Opioid training.
- ✦ Monthly Physician Forum series.
- ✦ Be sure to register for our Empowering Physicians Conference featuring social media sensation Dr. Glaucomflecken.

