



Integrated Plastic Surgery Residency Program



Dear 2025 Plastic Surgery Residency Applicants,



Karim Bakri, MBBS

Congratulations on your achievements thus far and on your progress towards a career in Plastic and Reconstructive Surgery! We know that you now face a decision that will shape your career as a surgeon. We are thrilled to have the opportunity to share our program with you and get to know you throughout the interview day. I hope we will be able to give you a sense of our program and what it's like to train at this historic institution.

The integrated plastic surgery residency at Mayo Clinic will train you to be a highly professional, compassionate, technically outstanding, patient-centered, and evidence-based surgeon. We have an excellent program that provides a comprehensive, well-balanced surgical experience in a supportive and nurturing learning environment.



Waleed Gibreel, MD

Mayo Clinic offers residents a thorough curriculum, diverse exposure to patients with common and complex surgical needs, close collaboration with other surgical and medical disciplines, and graduated resident autonomy. You will be trained in all areas of plastic surgery and will follow a mentorship model that offers 1:1 education from faculty experts in the field. You will develop the skills necessary to be efficient in the clinic, independent in the operating room, and you will be offered robust research opportunities with institutional support. You will have the opportunity to present at national and international meetings, to publish your work in high-impact journals, and to develop as a leader in the field.

Our focus on education, operative skills, and research creates a strong foundation for our residents. Our graduates consistently match into top-tier fellowship programs in all subspecialty areas of their choosing. Upon completion of the program, graduates are well-prepared to directly enter academic or private practice.



Christin Harless, MD

Mayo Clinic is an outstanding place to treat patients, practice medicine and to learn plastic surgery. We aspire for you to become leaders in the field, wherever you choose to live and serve. As you consider your future in surgery, you are planning not just for a career, but for lifelong learning. The Mayo Clinic setting offers an exceptional opportunity for you to become part of its family of physicians who share in the pursuit of excellence in practice, education and research.

Sincerely,

Karim Bakri, MBBS
Program Director

Waleed Gibreel, MBBS
Associate Program Director

Christin Harless, MD
Associate Program Director

OUR HOSPITALS

Mayo Clinic Rochester Campus includes both the Saint Mary's Hospital and the Rochester Methodist Hospital. Both are located in downtown Rochester, MN less than 1 mile from each other. Our outpatient plastic surgery practice is also based in downtown Rochester in the Gonda Building.

SAINT MARYS HOSPITAL



- Craniofacial and pediatric plastic surgery
- Trauma reconstruction
- Hand surgery
- Orthopedic, cardiothoracic, and neurosurgical reconstruction
- Aesthetic surgery

ROCHESTER METHODIST HOSPITAL



- Breast reconstruction
- Transgender surgery
- Colorectal and urogynecologic reconstruction
- Lymphedema surgery
- Aesthetic surgery

GONDA BUILDING



- Outpatient plastic surgery
- Lasers
- Plastic surgery and multidisciplinary clinics
- Center for Aesthetic Medicine and Surgery

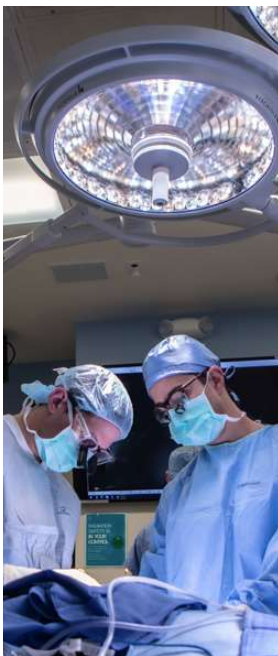
OUR PROGRAM

The Division of Plastic Surgery at Mayo Clinic's campus in Rochester, Minnesota, offers a six-year integrated residency program in a collegial learning environment. Our emphasis is on surgical skills training, academic career opportunities, individual mentoring, and a curated didactic experience. Plastic surgery residents train with all 14 plastic surgeons at the Rochester campus, and multiple subspecialty services who work collaboratively in a group practice covering all facets of reconstructive and aesthetic plastic surgery. Our program focuses on establishing clinical and technical confidence and maximizes opportunities for personal achievement in a supportive, inclusive, and academically rewarding environment.

Mayo Clinic's high faculty-to-resident ratio, large patient population, and state-of-the-art diagnostic, therapeutic, and research facilities combine to create a truly integrated educational experience.

YOUR EDUCATION

As a resident in the Plastic Surgery Residency program, you have access to 1:1 teaching and the broadest patient care experience possible in a busy, hands-on training environment.



STRUCTURED, COMPREHENSIVE, FACULTY-LED CURRICULUM



A DIVERSE, HIGH-VOLUME, COMPLEX CASE MIX



STATE-OF-THE-ART SURGICAL TECHNOLOGY



DEDICATED ANATOMY AND MICROVASCULAR SURGICAL SKILLS LAB



INTERDISCIPLINARY COLLABORATION THROUGHOUT MAYO CLINIC



PERSONALIZED RESEARCH AND ACADEMIC OPPORTUNITIES

MENTORSHIP MODEL

Our unique training model allows residents to have a continuous experience with one surgeon for a six-week rotation.

While on a consultant's service, you will attend clinic with them to perform preoperative evaluations, proceed to the operating room with the patients you have worked up in clinic, and see them at their postoperative visits.

The mentorship model allows for an open and trusting surgeon-resident working relationship that evolves throughout the rotation.



A UNIQUE LEARNING EXPERIENCE

Having continuous experience with one surgeon allows the resident to focus their studies and skill development in one area of plastic surgery at a time.



OPERATIVE CALENDAR

Each surgeon's calendar continuously alternates between operative and clinical days. As the resident on a given service, your schedule will mirror that of your consultant.

“Why did you choose Mayo Clinic?”



**Barbara Mullen,
Class of 2029**

As a sub-I, I loved the Mayo plastics program because of the mentorship model, curriculum, and people. I grew up playing sports so working with a surgeon one-on-one felt like being coached, which was a great fit. The junior curriculum is an incredible chance to see anatomy and learn from faculty outside the OR with tailored objectives each week. Most importantly, I loved how the residents interacted and hoped I'd get the chance to join them.



**Serena Day,
Class of 2024**

I rotated at Mayo Clinic in Rochester, Minnesota, as a medical student, and it was by far my favorite away rotation. I loved the mentorship model of training, and the faculty I worked with took an interest not only in my education but also in my personal development. Furthermore, this program features a wide breadth of practice and high volume of complex cases. I feel confident that I will be well prepared to practice at both a tertiary academic center as well as the community setting.

SURGEONS

Mayo Clinic Plastic and Reconstructive Surgery Faculty

KARIM BAKRI, MBBS

Program Director

Hand and Wrist
Sarcoma Reconstruction
Microsurgery



Medical School:

University of Nottingham, UK

Residency:

Mayo Clinic (General Surgery, Plastic Surgery) Fellowship: University of Washington, Seattle (Hand and Microvascular Surgery)

Hometown:

London, UK

What drew you to Mayo Clinic?

Dedication to excellence in surgical care and education

What are your favorite things to do outside the hospital?

Skiing with my kids

ULDIS BITE, MD

Past Program Director

Craniofacial Surgery
Aesthetic Surgery
Pediatric Plastic Surgery



Medical School:

University of Western Ontario

Residency:

University of Western Ontario (Plastic Surgery)

Fellowship: Mayo Clinic (Craniofacial Surgery and Microsurgery)

Hometown:

London, Ontario

BRIAN CARLSEN, MD

Hand and Wrist
Extremity Reconstruction
Microsurgery



Medical School:

Medical College of Wisconsin

Residency:

University of California – Los Angeles (Plastic Surgery)

Fellowship: Mayo Clinic (Hand and Microsurgery)

Hometown:

Seattle, WA

What do you enjoy most about working with residents?

They are the future. They will provide care for patients long after I am gone. They will teach the following generation. Their energy and enthusiasm keep me young. They also hold me accountable and keep me honest. “Why do you do that?” Honest reflection and answers to these questions improves patient care.

SURGEONS

Mayo Clinic Plastic and Reconstructive Surgery Faculty

VAHE FAHRADYAN, MBBS

Lymphedema Surgery
Gender Affirmation Surgery
Microsurgery
Breast Reconstruction



Medical School:

Yerevan State Medical University

Residency:

Yerevan State Medical University
(Plastic Surgery)

Fellowships:

Massachusetts General Hospital/
Harvard Medical School (Plastic Surgery
Research)
Cleveland Clinic (Plastic Surgery
Research, Microsurgery Course Instructor)
Cleveland Clinic/Akron Children’s
Hospital (Craniofacial Surgery)
Mount Sinai Hospital/Icahn School
of Medicine at Mount Sinai (Gender
Affirmation Surgery)
Cleveland Clinic (Microsurgery and
Breast Reconstruction)

Hometown:

Armavir, Armenia

**What are your favorite things to do
outside of the hospital?**

Swimming with my son and watch him
playing piano.

WALEED GIBREEL, MBBS

**Associate Program Director
Vice Chair of Research**
Craniofacial Surgery
Pediatric Plastic Surgery



Medical School:

University of Khartoum

Residency:

Mayo Clinic
(General Surgery, Plastic Surgery)

Fellowship:

University of Southern California
(Craniofacial Surgery)

Hometown:

Khartoum, Sudan

**What is your favorite part of working
with residents?**

It is such a refreshing feeling to work
with a group of outstanding, motivated,
and intelligent residents. Seeing a
resident operating independently and
performing complex cases with minimal
or no help from the staff surgeon is
extremely satisfying.

CHRISTIN HARLESS, MD

Associate Program Director
Breast Reconstruction
Microsurgery



Medical School:

Washington University in Saint Louis

Residency:

Mayo Clinic
(General Surgery, Plastic Surgery)

Hometown:

Gilbert, Arizona

What drew you to Mayo Clinic?

I was drawn to the Mayo Clinic by
the history and dedication to the
patient’s needs.

**What is your favorite part of working
with residents?**

Residency is such a fun and exciting part
of a young physicians’ career. Watching
them grow and mature so rapidly during
a short period of time is truly rewarding.

SURGEONS

Mayo Clinic Plastic and Reconstructive Surgery Faculty

JORYS MARTINEZ-JORGE, MD

Clinical Practice Chair

Breast Reconstruction
Gender Affirmation Surgery
Microsurgery



Medical School:

Instituto Tecnológico de Santo Domingo

Residency:

Albert Einstein College of Medicine (General Surgery); Mayo Clinic (Plastic Surgery)

Hometown:

Santo Domingo, Dominican Republic

What do you enjoy most about working with residents?

My favorite part of working with residents is that they bring a fresh perspective to things, oftentimes turning into great ideas that we get to apply whether it is in surgery or research projects. It also helps us stay engaged and up to date with science.

SAMIR MARDINI, MD

Division Chairman

Past Program Director

Director – Face Transplant Program

Craniofacial Surgery
Aesthetic Surgery
Microsurgery



Medical School:

Medical College of Virginia

Residency:

Georgetown University (Plastic Surgery)

Fellowship:

Chang Gung, Taiwan (Craniofacial Surgery, Microsurgery)

Hometown:

Washington, DC

What drew you to Mayo Clinic?

Exceptional quality care and a collegial environment. I wanted to be in a place where people from all over the country and the world come to be treated. The ability to innovate and practice medicine in the midst of high level physicians and scientists from all disciplines allows me the opportunity to provide the best multidisciplinary care to my patients.

STEVEN MORAN, MD

Past Division Chairman

Director – Hand Transplant Program

Hand and Wrist
Extremity Reconstruction
Pediatric Microsurgery



Medical School:

University of Rochester

Residency:

University of Rochester Medical Center (General Surgery, Plastic Surgery)

Fellowship:

Mayo Clinic (Hand and Microvascular Surgery)

SURGEONS

Mayo Clinic Plastic and Reconstructive Surgery Faculty

JAMES PAGET, BMBCH, FRCS, PHD

Practice Chair – Center for Aesthetic Medicine and Surgery



Medical School:

Cambridge University & Oxford University

Residency:

Canniesburn Unit, UK

Fellowship:

MD Anderson Cancer Center
Microsurgery

Hometown:

London, UK

What drew you to Mayo?

A great team full of exciting ideas and really good people! Excellent opportunities for clinical practice and research.

What do you enjoy most about working with residents?

I love the excitement of helping someone learn something I really enjoy doing. It is great to hear and discuss fresh ideas and to see how each individual goes about their training.

BASEL SHARAF, MD, DDS

Practice Chair – Center for Aesthetic Medicine and Surgery



Medical School:

McGill University (DDS), Harvard Medical School (MD)

Residency:

Massachusetts General Hospital (OMS),
Montefiore Medical Center (Plastic and Reconstructive Surgery)

Fellowship:

MD Anderson Cancer Center
(Microsurgery)

Hometown:

Montreal, Canada

What are your favorite things to do outside of the hospital?

Biking along the beautiful trails of Southeast Minnesota

BILL TRAN, MD

Breast Reconstruction
Aesthetic Surgery
Lymphedema Surgery



Medical School:

Jefferson Medical College

Residency:

Thomas Jefferson University Hospital
(General Surgery); Mayo Clinic (Plastic Surgery)

Fellowship:

MD Anderson Cancer Center
(Microsurgery)

Hometown:

Saigon, South Vietnam

What are your favorite things to do outside of the hospital?

Remodeling an old house, and auto repair - takes away the life and death of surgery.

SURGEONS

Mayo Clinic Plastic and Reconstructive Surgery Faculty

APARNA VIJAYASEKARAN, MBBS

Breast Reconstruction
Microsurgery
Lymphedema Surgery



Medical School:
Stanley Medical College

Residency:
Mayo Clinic (Plastic Surgery)

Fellowship:
Cleveland Clinic (Microsurgery and
Complex Reconstruction)

**What is your favorite thing about living
in Rochester?**

The people. The diversity and the inclusiveness. The collegiality and camaraderie among staff, neighbors and friends makes coming to work fun and enjoyable. It's an educated, diverse and safe community.

**What do you enjoy most about working
with residents?**

Having trained in this program and now working here. Being on the other side of the table operating with the residents is the best feeling in the world. They push me to be better and do better every day. And most importantly they make work fun.

KITTY WU, M.D.

Hand and Wrist
Sarcoma Reconstruction



Medical School:
Western University, Canada

Residency:
Western University, Canada

Fellowship:
Hand & Microsurgery (Mayo Clinic),
Peripheral Nerve Surgery (Mayo Clinic)

Hometown:
Ottawa, Ontario, Canada

What drew you to Mayo Clinic?
Having completed my fellowship here, I was inspired by the Mayo Clinic's dedication to patient care, collaborative environment, and strive for innovation.

RESIDENTS

CLASS OF 2030

SAHAND EFTEKARI, M.D.



Hometown:
River Falls, WI

Undergraduate:
University of
Wisconsin-Madison

Medical School:
University of
Wisconsin-Madison

GOLDDY SALDANA, M.D., M.S.



Hometown:
Los Angeles, CA

Undergraduate:
Johns Hopkins University

Medical School:
University of California
Davis, School of Medicine

AIDA SARCON, M.D.



Hometown:
Irvine, CA

Undergraduate:
University of California
Berkeley

Medical School:
St George's University
School of Medicine,
Grenada

MARISSA SUCHYTA, M.D., PH.D.



Hometown:
South Barrington, IL

Undergraduate:
Harvard University

Medical School:
University of Texas Medical
Branch

CLASS OF 2029

ALEX ANTEZANA, M.D.



Hometown:
Charlotte, NC

Undergraduate:
Duke University

Medical School:
Mayo Clinic Alix
School of Medicine

KYLE BAUMGARDNER, M.D.



Hometown:
Fort Worth, TX

Undergraduate:
University of Texas
at Arlington

Medical School:
University of Texas
Medical School
at San Antonio

COLE HOLAN, M.D., M.B.A.



Hometown:
Houston, TX

Undergraduate:
Emory University

Medical School:
University of Texas at
Austin Dell School of
Medicine

BARBARA MULLEN, M.D.



Hometown:
Omaha, NE

Undergraduate:
University of Nebraska
Omaha

Medical School:
Mayo Clinic Alix
School of Medicine

RESIDENTS

CLASS OF 2028

DOGA KURUOGLU, M.D.



Hometown:
Ankara, Turkey

Undergraduate/Medical School:
Yeditepe University

SCOTT ODORICO, M.D.



Hometown:
Madison, WI

Undergraduate:
University of Wisconsin-Madison

Medical School:
University of Wisconsin-Madison

JESS RAMES, M.D., M.E.

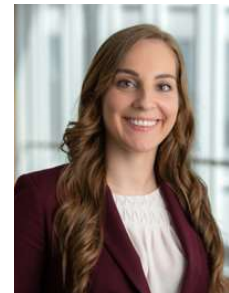


Hometown:
Charleston, SC

Undergraduate:
Clemson University

Medical School:
Duke University School of Medicine

BROOKE WILLBORG, M.D.



Hometown:
Waconia, MN

Undergraduate:
University of Minnesota

Medical School:
Washington State University

CLASS OF 2027

SAMYD BUSTOS HERMER, M.D.



Hometown:
Barranquilla, Colombia

Undergraduate/Medical School:
Pontifical Xavierian University School of Medicine

ANDREW EMANUELS, M.D.



Hometown:
Kansas City, KS

Undergraduate:
Baker University

Medical School:
University of Kansas School of Medicine

LAUREN GATES-TANZER, M.D., Ph.D.



Hometown:
Flagstaff, AZ

Undergraduate:
Northern Arizona University

Medical School:
University of Illinois Urbana-Champaign

TONY HUANG, M.D.



Hometown:
Taipei, Taiwan and Vancouver, Canada

Undergraduate:
McGill University

Medical School:
Peking University, Beijing, China

RESIDENTS

CLASS OF 2026

AUSTIN CHEN, M.D.



Hometown:
Cupertino, CA

Undergraduate/Medical School:
Kaohsiung Medical University,
Kaohsiung, Taiwan

LUCAS RODRIGUES-KREUTZ, M.D.



Hometown:
Santa Maria, RS, Brazil

Undergraduate/Medical School:
Universidade Federal de Santa Maria

EUGENE ZHENG, M.D.



Hometown:
Cold Spring, MN

Undergraduate:
Dartmouth College

Medical School:
University of Minnesota

CLASS OF 2025

KHALED ALAMMEDINE,
M.B.B.S.



Hometown:
Tripoli, Lebanon

Undergraduate:
Lebanese American
University

Medical School:
University of London

NICHOLE CANEPA, M.D.



Hometown:
Novi, Michigan

Undergraduate:
University of Miami

Medical School:
The Ohio State University

DANIEL CUIEL, M.D.



Hometown:
Gridley, California

Undergraduate:
University of California, Davis

Medical School:
Harvard Medical School

DAN SOTELO-LEON, M.D.



Hometown:
Denver, Colorado

Undergraduate:
Creighton University

Medical School:
Stanford University
School of Medicine

PGY1

During the first year of residency, our interns get a broad experience across surgical subspecialties while also getting the opportunity to rotate on plastic surgery services for 6 months of the year

Our PGY1 residents attend the ACAPS Intern Bootcamp, and also complete a 1-week/40-hour Microsurgery course at the Mayo Clinic Microsurgery Lab.

- Plastic Surgery
- Transplant Surgery
- Orthopedic Surgery
- Vascular Surgery
- General Surgery
- Trauma Surgery
- Surgical Intensive Care
- Pediatric Surgery
- Dermatology



MASTER THE BASICS

Take care of patients with a wide variety of surgical needs



LAY THE FOUNDATION

Get exposed to plastic surgery during rotations and weekly conferences



OPERATE

Our interns typically scrub cases 2-4 days per week on most rotations



LEARN YOUR SPECIALTY

6 months of dedicated plastic surgery training during PGY1

PGY2

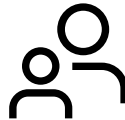
Our PGY2 residents spend time in plastic surgery and in other surgical subspecialties with overlapping scopes of practice. During this year, residents start taking plastic surgery, hand, and facial trauma call with one-on-one buddy call with a Chief Resident.

- Plastic Surgery
- Oculoplastic Surgery
- Otorhinolaryngology
- Oral and Maxillofacial Surgery
- Breast Surgery



6 MONTHS OF PLASTIC SURGERY

You will rotate on our plastic surgery services for at least 6 months of your PGY2 year.



BUDDY CALL

As a PGY2, you will take call as a PGY2 + PGY6 team, allowing junior residents to get comfortable with taking primary call while having the luxury of a chief resident immediately available.



PRIMARY SERVICE RESIDENT

On plastic surgery rotations, PGY2 residents are the primary resident responsible for patient care for their consultant's service.

PGY3-6

Dedicated Plastic Surgery Training

During the final four years of residency, you will be the primary resident on a plastic surgery service in a 1:1 mentorship model. You will rotate with all of the consultants over the course of your training and cover all of the subspecialty areas.

- Reconstructive Microsurgery
- Hand Surgery
- Craniofacial and Pediatric Plastic Surgery
- Reconstructive and Aesthetic Breast Surgery
- Aesthetic Surgery
- Transgender Surgery
- Lymphedema Surgery



What did you love most about training at Mayo Clinic?



**Christine Oh,
2020 Graduate**

It is hard to find a deficit within the integrated plastic surgery residency program—we have complex reconstructive cases, interesting craniofacial cases as well as the breadth of hand surgery and trauma. The opportunity to rotate in Arizona gives us a wide exposure to a private practice setting and aesthetic surgery as well. Rochester as a city is easily accessible, giving residents the opportunity to become home owners. I am grateful to have had the opportunity to train here.



**Andy Mills,
2021 Graduate**

The variety and complexity of plastic surgery cases has more than surpassed my expectations. This is an amazing place to train and truly has world class surgical training. The teaching environment, both in the clinical and operative settings, fosters and promotes the skills needed to excel in the field of plastic surgery.



**Sean Cantwell,
2023 Graduate**

The Mayo Clinic “culture” is totally unique. Nowhere else will you find such a seamless blend of technical expertise, surgical knowledge, and empathy among attending staff. The institution’s guiding theme – the needs of the patient come first – translates directly into a prioritization of resident education given the residents’ central role in patient care. After studying at Mayo Clinic Alix School of Medicine and experiencing the culture firsthand, there was no place else I would rather complete plastic surgery training.

WEEKLY CONFERENCES

Residency-wide education several times each week.



PLASTIC SURGERY GRAND ROUNDS

Monday Mornings

We start each week with Plastic Surgery Conference.

- Morbidity and Mortality and Surgical Quality Conference (once per month)
- Plastic Surgery Case Conference (twice per month)
- Craniofacial Trauma/Hand Trauma



CORE CURRICULUM

Thursday Afternoons

Protected education time for all PGY2-6 for a weekly faculty-led, topic-based didactic conference including:

- Basic science review
- Oral board case discussions
- Faculty lecture
- In-service exam question review



JUNIOR RESIDENT CURRICULUM

Friday Mornings

JUNIOR RESIDENT CURRICULUM

PGY-1 and PGY-2 residents have additional protected education time Friday from 8:00 a.m. - 12:00 p.m. for faculty-led, skills-based workshops. This conference is specifically structured for junior plastic surgery residents and focuses on acquiring clinical and technical skills relevant to plastic surgery at an early stage. This allows small group teaching of some of the fundamental principles of plastic surgery.



- Clinical examination skills
- Interpretation of clinical imaging
- Suturing workshops
- Microsurgical training (models and live rodent training)
- Anatomy (cadaver dissection)
- Principles of hand surgery (radiographs, splinting, fixation techniques)
- Principles of facial trauma (sawbones, MMF, fracture fixation, facial lacerations)

GLOBAL HEALTH OPPORTUNITIES

Focused Experience in Cleft Lip and Palate

During your PGY-5 or 6 year you will have the opportunity to join one of our craniofacial surgeons, Dr. Uldis Bite, Dr. Samir Mardini, and Dr. Waleed Gibreel, for a one-week immersive experience treating a high volume of patients with cleft lip and palate in underserved areas internationally.

This trip allows you to benefit from a supervised, structured, repetitive operative experience with your close mentors and is approved by the ACGME and American Board of Plastic Surgery.



MICROSURGERY LAB

Mayo Clinic's Microvascular Surgery Skills Training Course is a five-day program focused on developing skills in microvascular surgical techniques on a rodent model. All residents take this course in their PGY1 year and will establish the skills necessary for hand-sewn, arterial and venous anastomoses.

After completing the course, you have access to this facility and can practice microvascular anastomosis at any time during your training.

A Supermicrosurgery Course was recently established, specifically geared toward teaching anastomotic techniques in vessel diameters smaller than 0.8 mm, and is offered to Chief Residents.



MICRO COURSE

PGY1 residents complete a one week, full time microsurgery course.



WORLD-RENOWNED TRAINING

Surgeons travel from all over the world to take our Mayo Clinic Microsurgery Training Course.



CONTINUOUS ACCESS

Residents can return to the lab for additional practice on light clinical days or on scheduled microsurgery practice days.

CADAVER DISSECTION

State-of-the-art facilities and resources housed in the Mayo Clinical Procedural Skills Lab are an integral part of surgical education at Mayo Clinic. During your training, you will have the opportunity to cover the breadth of reconstructive and aesthetic surgery under the guidance of dedicated faculty mentors.



Small group anatomy teaching sessions



Visiting professor dissections



On-demand specimens for specific learning goals



Dedicated faculty mentors

UNIQUE CASES ON A REGULAR BASIS

Mayo Clinic is world-renowned in nearly every medical and surgical field today, with patients from across the world presenting with interesting and unique surgical needs. In our division, we are fortunate to be a part of this Destination Medical Center and are grateful for the educational opportunities it affords.



- Medial femoral condyle flap for scaphoid and craniofacial reconstruction
- Capanna technique for pediatric long bone defects
- Complex congenital hand surgery (pollicization, symbrachydactyly, toe-to-thumb transfer)
- Free fibula flap for spine/pelvic tumor reconstruction
- Hemipelvectomy reconstruction
- Free filet flaps for reconstruction of massive tumor defects
- Forequarter amputation/reconstruction
- Rotationplasty for lower extremity reconstruction
- Facial reanimation with free functional gracilis, synkinesis surgery, cross-face nerve grafts
- Craniosynostosis with virtual surgical planning
- Corneal neurotization
- Secondary cleft reconstruction
- Secondary and complex rhinoplasty
- Supercharged or free jejunum flap for salvage esophageal reconstruction
- Complex craniofacial neurofibroma debulking and reconstruction
- Lymphovenous bypass with 50x supermicroscope
- Transgender penile inversion vaginoplasty
- Targeted muscle reinnervation
- Complex abdominal wall reconstruction
- Colorectal, gynecologic, and perineal reconstruction with gracilis, VRAM, Singapore flaps

CASE LOGS AND GRADUATION REQUIREMENTS



Despite our high volume practice of complex and unusual cases, we still maintain a robust general plastic surgery practice, exceeding required case logs every year.

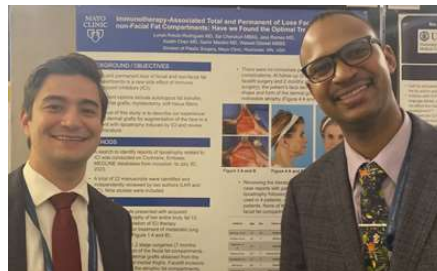
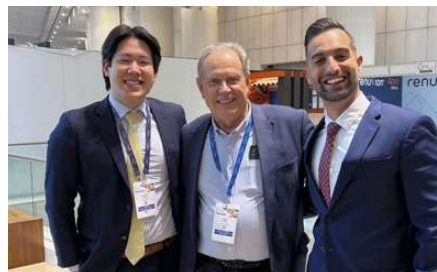
ACGME CATEGORY	MINIMUM # REQUIRED	AVERAGE PER 2023 GRADUATE
Head and Neck Reconstruction	170	372
Breast Reconstruction	100	662
Trunk Reconstruction	25	243
Hand and Upper Extremity	122	695
Lower Extremity	25	79
Total Reconstructive Procedures	1000	2212
Total Aesthetic Procedures	150	354

RESEARCH

The residency program supports all residents to present at national and international conferences

- 10 funded trip days per academic year (in addition to vacation)
- Up to \$2,550 per conference

Research days are assigned to residents throughout the year based on clinical volume and scheduling. On these research days, you may have light clinical duties and should be available as needed for additional clinical help, but you will be free to use the day for self-directed research work.



What has been rewarding about your training thus far?

Everyone including the consultants, coordinators, and my peers care equally about me as a trainee and as a person, and I could not be happier with this decision. The collaborative culture maximizes learning opportunities, and the resources are unparalleled. Every day, I have the privilege of being part of incredible clinical care in a humbling environment that keeps me striving to improve.



**Nichole Canepa,
Class of 2025**

You only get to train once, so make the most of it. That is what I was thinking when I chose the plastic and reconstructive surgery program here at Mayo Clinic. Each day I have the opportunity to work with world-renowned faculty who are leaders in their field, bright and motivated residents, and kind and caring staff. I knew that I was not only going to receive great training, but the right training.



**Omar Mohamed,
Class of 2024**

VISITING PROFESSORS

The Division of Plastic Surgery and the Plastic Surgery Residency at Mayo Clinic's campus in Rochester, Minnesota, has the honor of hosting several visiting professors each year.

The agenda typically includes lectures, dinner with the residents, resident case presentations, and cadaver labs. The Visiting Professor Program allows you to meet and learn from established national and international experts, and educators from other institutions who share their specific expertise and contribute significantly to your knowledge and training.



Dr. Christopher Attinger

Limb Salvage and Lower Extremity Flaps



Dr. Liza Wu

Efficiency in DIEP Flap Surgery



Dr. Julian Pribaz

Prefabrication and Prelamination for Craniofacial Reconstruction

JOURNAL CLUB



Journal Club is held every six weeks. It takes the format of an informal dinner at a local restaurant with topic-based discussions of contemporary articles from major plastic surgery journals.



CALL SCHEDULE

How often do our residents take call?

- PGY2 residents take primary plastic surgery call with a Chief resident immediately available at all times (buddy call)
- As a PGY3-5, you work on average 1 weekend per month and 2 weekday calls per month.
- PGY6 residents do not generally take primary call, but will cover chief call and serve as backup and help to the on call resident



FACIAL TRAUMA

Shared between Plastic Surgery, OMFS, and ENT
Home call



HAND TRAUMA

Shared between Plastic Surgery and Orthopedics
In-House call



POST-CALL DAY

All call shifts are followed by a post-call day.
The resident is expected to leave the hospital
by 10 am and not return until the following day.

Tell us about life as a resident in Rochester!

Life in Rochester is fantastic as a resident since the area is very affordable and commutable. The bike trail system is excellent-- my family and I regularly bike to the parks around town and the Quarry Hill Nature Center. The summer is great for hiking in the state parks nearby or tubing down the Root River. In the winter we bundle up and continue to hike or snowshoe. The local breweries are fun year-round!



**Lauren Gates-Tanzer,
Class of 2027**

Being a surgical resident in Rochester is an excellent experience. Commuting is very reasonable no matter how far away you live from campus, traffic is minimal, and there are multiple perks provided to residents. There are plenty of fun things to do, whether you're interested in the food scene, or outdoors activities, with several parks nearby. I enjoy golfing, with multiple courses in the area. There is a state of the art gym on campus that is available to residents to join at a very affordable rate. Owning or renting a house is feasible, regardless of what type of living situation you would like. Overall, surgical residency is challenging no matter where you go, but your time here outside the hospital makes it much easier.



**Scott Odorico,
Class of 2028**

RECENT GRADUATES

Graduating residents are supported by the division for fellowship training or for direct entry into academic or private practice. During the senior years of training, residents identify mentors to guide them through the fellowship or job application process.



2024

Mayo Clinic Health System –
Staff Position

MD Anderson – Microsurgery Fellowship

Beth Israel Deaconess Hospital –
Hand Surgery Fellowship

2023

Mayo Clinic – Hand Surgery Fellowship,
Rochester, MN

Duke University – Hand and Upper
Extremity Surgery Fellowship,
Durham, NC

Craniofacial Surgery Fellowship – Taiwan

2022

Stanford University –
Microsurgery Fellowship

Dr. Louis Bucky –
Aesthetic Surgery Fellowship

Dr. Kevin Tehrani –
Aesthetic Surgery Fellowship

2021

Microsurgery – University of Utah

Hunstad/Kortesis –
Aesthetic Surgery Fellowship,
Charlotte, NC

Plastic Surgery Center –
Aesthetic Surgery Fellowship,
Sacramento CA

2020

Mayo Clinic – Hand Surgery Fellowship,
Rochester, MN

Hunstad/Kortesis –
Aesthetic Surgery Fellowship,
Charlotte, NC

Centre Metropolitain de Chirurgie –
Gender Affirmation Surgery,
Montreal, Canada

2019

USC Keck –
Pediatric Craniofacial Fellowship

MD Anderson – Microsurgery Fellowship

Dr Dennis Hammond – Breast and
Aesthetic Surgery Fellowship

Private Practice – Michigan

2018

Cleveland Clinic –
Aesthetic Surgery Fellowship

University of Toronto –
Microsurgery Fellowship

HISTORY OF MAYO CLINIC

Rochester, Minnesota is home to Mayo Clinic, the #1 hospital in the United States by US World News & Report.

Saint Marys Hospital was founded as a collaboration between the Mayo brothers and the Sisters of Saint Francis in 1889 to help aid the local community after the Great Tornado hit Rochester in 1883. For many years, the Mayo Clinic was led by the Franciscan nuns, until it was purchased by the Mayo brothers for \$1, which the nuns promptly donated back into the hospital.

The history of Mayo is a true reflection of our core values – “the needs of the patient come first.”



A DESTINATION MEDICAL CENTER

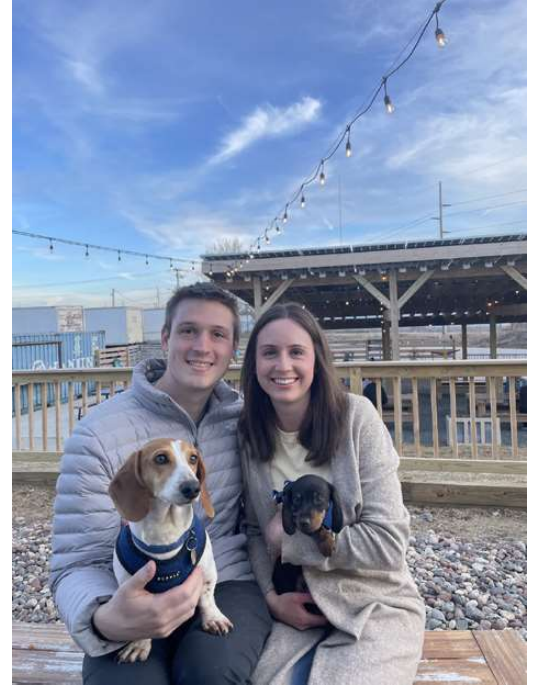
Rochester is a growing metropolis. In 2013, the Governor of Minnesota signed a bill known as “Destination Medical Center (DMC)” - a \$5.6 billion collaboration between Mayo Clinic and the state of Minnesota to make Rochester a global destination for health and wellness. DMC is a 20-year plan of economic development, innovation, and growth.



RESIDENT LIFE



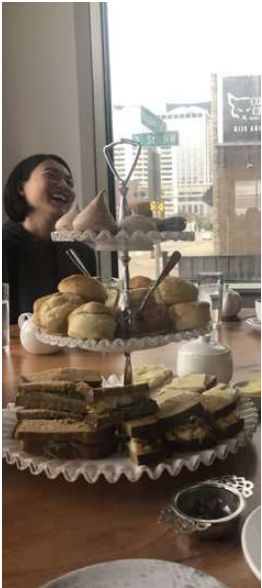
RESIDENT LIFE



RESIDENT LIFE



RESIDENT LIFE



CONTACT US



Lisa Banks
Program Coordinator
Phone: 507-284-4068
Email: banks.lisa@mayo.edu

Karim Bakri, M.B.B.S.
Program Director
Email: bakri.karim@mayo.edu



[mayoclinic.org](https://www.mayoclinic.org)

©2024 Mayo Foundation for Medical Education and Research. All rights reserved. MAYO, MAYO CLINIC and the triple-shield Mayo logo are trademarks and service marks of MFMER.

[Learn more online at mayoclinic.org](https://www.mayoclinic.org)

MC6879-90rev1124