

**Mayo Clinic Psychosomatic Medicine Fellowship – Rotation Schedule for Fellows (13 blocks of 4 weeks)**

Sample yearly schedule

Block rotations – daily, usually mornings													
Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Rotation	OP Behav Med	IP C/L	OP Behav Med	Elective 1	IP C/L	IP Med Psych	Elective 2	IP C/L	IP/OP Trans Psych	Elective 3	IP C/L	OP Behav Neuro	Elective 4
Site %	1 60%	2 60%	1 60%	1-3 60%	2 60%	3 60%	1-3 60%	2 60%	1-2 60%	1-3 60%	2 60%	1 60%	1-3 60%
Continuity experiences and dedicated educational time – weekly, four afternoons per week (40% total )													
Continuity care – (1) Collaborative primary care team – Integrated Behavioral Health, 10% (site 1)													
Continuity care – (2) Collaborative tertiary care teams – Behavioral Medicine Program, 10% (site 1)													
Dedicated academic time – didactics, global supervision, and self-directed learning, 10% (site 1)													
Scholarly activity/quality improvement project, 10% (site 1)													

Sample weekly schedule

Day	Mon	Tues	Weds	Thurs	Fri
AM 8am-12pm or 8am-1pm	AM assignment from above	AM assignment from above	AM assignment from above	AM assignment from above	AM assignment from above
PM 1-4pm or 2-5pm	IBH 1° care continuity	BMP 3° care continuity	Dedicated academic time	Elective 5	Scholarly activity (QI/research)
Late PM 4-5pm	AM follow-up (hospital services)	AM follow-up (hospital services)	AM follow-up (hospital services)	AM follow-up (hospital services)	AM follow-up (hospital services)

Rotation codes:

OP Behav Med: Behavioral Medicine Program  
 IP C/L: Inpatient Psychiatric Consultation-Liaison Service  
 IP Med Psych: Inpatient Medical Psychiatry Unit  
 OP Beh Neuro: Outpatient Behavioral Neurology  
 IP/OP Trans Psych: Psychiatric Transplantation Service

Site codes:

1: Mayo Clinic – outpatient clinics  
 2: Mayo Clinic Hospital – Rochester (St. Mary’s and Methodist campuses)  
 3: Mayo Clinic Hospital – St. Mary’s campus, Generose Building

## **Mayo Clinic Psychosomatic Medicine Fellowship – Elective options**

### Psychosomatic medicine / Clinical health psychology

Pain Rehabilitation Center  
Psycho-oncology – Cancer Stress Management Program  
Transgender/Gender Identity Clinic  
Weight Management/Obesity – Endocrinology, Surgery, and Clinical Health Psychology Clinics  
Women's Health

### Clinical neurosciences

Neuropsychological and Psychological Testing  
Neuroradiology

### Other psychiatric subspecialties

Addiction psychiatry  
Child and adolescent psychiatry  
Depression Center  
Geriatric psychiatry  
Neuromodulation (electroconvulsive therapy, transcranial magnetic stimulation, deep brain stimulation)

### Other medical services

Chronic Fatigue and Fibromyalgia Program  
Functional GI Disorders – GI Clinic, Motility Laboratory, and Pelvic Floor Training Program  
Functional Neurologic Spells – Epilepsy Clinic, EEG Laboratory, Epilepsy Monitoring Unit  
Functional Movement Disorders – Movement Disorders Clinic, Movement Disorders Laboratory and Behavioral Shaping Therapy Program  
Functional Vestibular Disorders – Neuro-otology Clinics, Vestibular Laboratory, Vestibular Rehabilitation  
Palliative Care & Hospice Service  
Physiatry – Inpatient Rehabilitation Unit (brain rehabilitation and general physical medicine services)

### Related non-medical services

Ethics Consultation Service (generally combined with Palliative Care)  
Chaplain's Consultation Service

### Research

Research education: Introductory and advances courses in statistics, project design, etc.  
Research experience: Year-long basic science, clinical, or health sciences research project

### Individualized electives

Other medical or surgical specialty or subspecialty setting (approved by training committee)